

## Reports / Minutes of the Estoril General Assembly 12<sup>th</sup> of April 2003

**Facilitator:** Kirsten Buckley was appointed facilitator for the Assembly Meeting

### 37.1 Annual Report

Judith Teszáry reported:

FEPTO consists today of 31 Training institutes, 11 Accrediting organisation and 40 Founding members.

- The Council since Sofia meeting have had three board meetings, one in Sofia, one in London and one in Estoril. The council decided to have the meeting in between FEPTO meetings in the cheapest possible place, in this case, London.
- All council members have been actively participating in the board meetings. In the council meeting we found forms of communications and making decisions by e-mail. We have aimed to be an open and democratic council. Most e-mails have been sent to all council members.
- This year we had four main goals:
  1. To clarify previous economic matters as requested by the previous auditor Eduardo Verdu and by the General Assembly
  2. To discuss and prepare suggestions for new requirements for membership
  3. To discuss and prepare recommendations for minimal training standards for psychodrama training in Europe.
  4. To create a proposition of Code of Ethics for FEPTO member institutes.
- The question of a membership in EAP have been raised and discussed in the Council.
- Discussed and try to find a fair distribution of scholarships for those institutes or organisations that need this form of economic support.
- The different committees have been very active during the whole year. They have in a fruitful way used the council members as dialog partners. The first draft of the Committees propositions was brought to the Council meeting in London (November, 2<sup>nd</sup> -4<sup>th</sup> 2002). The questions were thoroughly discussed by the Council. The committees prepared a proposition to present for our members for voting at the General Assembly in Estoril.

As the chair person of Fepto I have had almost daily with council members. During the year I have had a lively exchange by mail and by phone with the chairs of the committees.

I have had 10 meetings with the chair of the Annual meeting Committee (Eva Fahlström) for planning and discussing the program of the Estorial meeting. I have been in contact with the local organizer of the Estoril meeting, Manuela Maciel in order to give her advice and support.

I have promoted the FEPTO idea and exchanged mail and letters with interested people

A confirmation letter was sent to the new member institutes and accrediting organisations: Bulgarian Society for Psychodrama and Group Therapy; Association of Finnish Trainers in Moreno Psychodrama MOPSI; Group Psychoanalytical Psychodrama Association on the bases of Analytical Psychology of C. G. Jung - GAJAP; Psychodrama Society J. L. Moreno - S.P.J.L.M.; Psychodrama Helvetia - PDH and also a letter to the institute which has not been accepted.

I hope that I have contributed to a good, democratic, non competitive and creative working climate in our organisation.

### 38.0 Applications

Jutta Fürst reported that there were 8 applications:

**1. The Institute of Gestalt Therapy and Psychodrama (YCTAB) in Moscow, Russia**, we already voted for last year, have now sent an English translation of their application and conform last years decision they fulfill herewith the regulations and are accepted as Member Training Organization.

**2. The International Institute of Human Relations Dean & Doreen Elefthery, Spain.**

President Roberto de Inocencio

**3. The Northern School of Psychodrama (NSP) Scotland, UK,** Celia Scanlan, Jenny Biancardi, John Casson.

**4. Instituto de Técnicas de grupo y Psicodrama Spain:** President Pablo Poblacion Knappe (with the proviso that the missing documents will be presented).

**5. Associazione Mediterranea di Psicodrama (AMP) Italy,** President: Donatella Mondino.

**6. Associazione Incontro /Centro de Psicodrama y Sociodrama 'Zerka T. Moreno', Italy.**

President Chiara de Marina. As yet they have no certified psychodramatists. Otherwise their documents are complete. We will welcome them to FEPTO when they have completed certification.

**7. Istanbul Psychodrama Institute and Psychological Counseling Center, Turkey**

Directors Deniz Altinay and Nese Karabekir.

**8. Institute of Psychodrama and Sociotherapy (IPS) of the Open Psychotherapy Centre (OPC), Greece:** President Ioannis Tsegos - Conductor of Training Natassa Karapostoli.

### Voting Results

| Appli-<br>-cation | For                            | against                        | abstention | decision |
|-------------------|--------------------------------|--------------------------------|------------|----------|
| 1.                | Have now completed their files | Voting not required (see 2002) |            | yes      |
| 2.                | 40                             | 1                              | 5          | yes      |
| 3.                | 45                             | 0                              | 1          | yes      |
| 4.                | 41                             | 4                              | 1          | yes      |
| 5.                | 43                             | 0                              | 2          | yes      |
| 6.                | No certified p.d.              | Have to complete               |            | no       |
| 7.                | 27                             | 6                              | 13         | yes      |
| 8.                | 14                             | 22                             | 6          | no       |

There were certain unclarities about the Institute of Psychodrama and Sociotherapy (IPS)

There was also some misunderstanding about the status of abstentions. The council was asked to clarify it  
Meeting adjourned between 11.20-11.40 hrs.

Jutta Fürst, chairperson of the membership committee was asked to write IPS for clarification.

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### 39.0 Audit Report

Nel Bax and Aris Zeilstra stated that there is a reliable representation of the finances of FEPTO up to the end of 2002. Remaining gap stays the missing cash-account of the meeting in Grasse (France). The auditors presented several advises on financial accounting to the Board of FEPTO. The auditors advise the General

Assembly to exonerate the Treasurer and the Board of the financial accounting for the year 2001 and 2002.

#### **40.0 Treasurers Report**

Approved Unanimously

For: 36, Against: 0, Abstention: 0

#### **40.1 Membership Fees**

It was proposed that the fees remain unchanged:

€ 165,- for organizational members in general

€ 83,- founding members (not representatives)

€ 55,- (1/3) for Eastern Europe members except:

€ 115,- (2/3) for Hungary.

#### **40.2 Minutes of last years meeting**

The minutes of the General Assemblée Sofia 2002 were approved. For 34 - Against 0 - Abstain 9.

#### **41.0 Auditors for next year**

Aris Zeilstra and Nel Bax agreed to remain as auditors for the year 2004.

#### **42.0 Annual Committee Meeting Report, 2003**

Eva Fahlström and Gábor Pintër reported: The task of our Committee is to be a bridge between local organizing Committees and FEPTO. We also have a task to Convey FEPTO culture and traditions to three new local organizers. This time a new task.

During the year we have had many e-mail and personal contacts, especially with our President both in Sweden and Hungary. We have established contact with the Finnish local organizers. We sent a letter of introduction from FEPTO to the Town Council Kauniainen (Grankulla), Finland. FEPTO is now invited as official guests of Kauniainen, which, amongst other things means that we can use the Municipal Buildings free of charge. We have visited Kauniainen and met three of the local organizers. Pirkko Hurme, who is the contact person with FEPTO, has visited Sweden. We have received a letter of invitation from Finland to FEPTO by Merja Tuomisto, President of the Finnish Psychodrama Association, and Pirkko Hurme.

Offers were received at the Annual General Meeting to host future meetings. Proposals were: Vienna (Austria) 2005, Bucharest, (Rumania) 2006, Pamplona (Spain) 2007.

#### **42.2 Research Committee**

Report of Marcia Karp:

1. Leni Verhofstadt Deneve published In *Journal of Constructivist Psychology* 2003, 16, 183-2M "The psychodramatical social atom method" - Dialogical self in dialectical action.

This is on problems with the father including a protocol suggestion.

2. There is also a new article from: Kipper, D. A. & Ritchie, T. D. (2003). The effectiveness of psychodramatic techniques: A meta-analysis. *Group Dynamics: Theory, Research and Practice*, 7(1), 13-25.

Aku Kopakkala brought with him a study from Helsinki.

3. Aro, K., Näätänen, P. & Nurmi, J.-E. (2000). L'examen des projets personnel au cours d'une psychothérapie destinée aux personnes souffrant d'épuisement professionnel. [The role of personal

project appraisals during group psychotherapy of participants suffering from burn out symptoms.]  
Revue Québécoise de Psychologie, 21, 2-28.

Here you will find the English abstract: [http://elias.it.helsinki.fi/psvko/Psykoloq.nsf/72bffb7fe2e88f9ac225686a0040d8\\_18/bb02c5f2782a332dc2256a710048a0cb?OpenDocument](http://elias.it.helsinki.fi/psvko/Psykoloq.nsf/72bffb7fe2e88f9ac225686a0040d8_18/bb02c5f2782a332dc2256a710048a0cb?OpenDocument)

4. Wilma Scategni does research on unconscious in organisations, see also here newly translated book: Scategni, W. (2003). *Psychodrama, Group Process and Dreams. Archetypal Images of Individuation*. Brunner Routledge.
5. Anja van Impe will collect the psychodrama research in Belgium and share it with us.
6. Fernando Viera from Lisbon wrote a book on psychodrama and psychopathology in Portuguese and will translate and publish it in English.
7. Maurizio Gasseau from Torino will found a M. A. program in group therapy and psychodrama with European partners.
8. Pierre Fontaine investigates supervision inside the psychodrama training and will present the results of the questionnaire at the I AGP congress (see below).
9. Michael Wieser gave three papers to the board of FEPTO:
  - Research Design in Psychodrama Therapy
  - Austrian Psychodrama Research from November 2002 to March 2003 and
  - Studies in Treatment Effects of Psychodrama Therapy (revised).

### **42.3 Newsletter Committee**

Report of Renée Oudijk: Committee Members:- Renée Oudijk, Wilma Scategni, Elisabeth Mlasko, Edmonda Episcopi while Antonio Roma Torres is associated by the web site.

1. The newsletter committee started their task by discussing the outlines of their work with the chairperson of FEPTO. The tasks that were agreed were:
  2. To bring out 3 numbers each year on an agreed time schedule: end of May/September/January, with deadlines for the copy to be sent in of 2 weeks.
  3. Allowance to use the budget of 2002 for the newsletter of € 700,-
  4. To work in a communicative, encounter style, with opinions, questions, discussion etc.
  5. To work together with the web site.
6. The results: in 2002, two issues were brought out in time. Costs for copies, stamps etc. were 600,-
7. Besides that each number costs in time, 32 hours of editing and 8 hours to prepare the mail. Together 40x2 = 80 hours (as that has to be done in spare time it is quite an effort).
8. 2003 wishes: respect for dead lines, new ways to work together with the Newsletter Committee, to work more closely with the web site.
9. Proposed budget for 2003 1050 Euros (= 3 x 350 Euros)
10. It was agreed that the chair of the committees must send the names of new members to Antonio Roma

Torres.

11. It was decided to keep the format of the newsletter as before.

#### **42.4 Membership Committee**

Jutta Fürst reported that the committee had produced a new application procedure.

##### **Formal procedure of application**

1. To become a member of FEPTO the applicant must attend one meeting prior to the General Assembly vote as part of the application procedure.
2. The applications (formal requirements) should be send by the end of September
3. The applying institute needs **two** recommendations from Fepto members in good standing who knows about the structure and quality of the applying institute or **one** recommendation of a member of the committee who was invited by the applying institute for getting a personal impression of the new institute. The costs have to be carried by the applicant
4. A report about the new institute has to be sent to the board before the next General Assembly.
5. One month before the next General Assembly at the latest the FEPTO members have to be informed which institutes or organizations have applied.
6. The applicants will get help and support to meet the standards.
7. The applicant has to pay an application fee.

**The following explanations of the formal requirements will be published on the application form of the FEPTO website**

**Formal requirements** (these propositions can be considered as an interpretation of the statutes we already have)

The Training organization has to present (in English translation)

1. Presentation of the formal structure of the organization (e.g.: constitution, treatment)
2. History of the Organization
3. Published training program (including preliminary requirements for new trainees, the application procedure, numbers of hours and content and the final examinations)
4. List of training staff (including copies of their actual psychodrama certificates)
5. Number of training groups in the last three years
6. A list of psychodramatists certified by the organization

**The Assembly voted: For 38 - Against 0 - Abstain 1.**

The meeting adjourned at 1.20 p.m. Resumed meeting at 3.00 p.m.

#### **42.5 Training Committee**

Pierre Fontaine reported:

A year ago, in Sofia, we made a good start. FEPTO members discussed in small groups and produced the first proposal of minimum standards - 720 hours of practice. The committee consisted of Dorothy Langley, Galabina Tarashoeva, Jasna Veljkovic, Jörg Bürmeister, Jutta Fürst, Manuela Maciel, Nifont Dolgoplov and Pierre Fontaine.

Today we are able to present it to the Executive and the General Assembly to be voted upon.

With definitions - because we can not e.g., vote on standards for practice or for theory hours if we do not

agree on the **definition**.

With minimal quantitative standards (hours of training). With minimal qualitative standards for admission and certification procedures. This went through an intensive process in 3 steps

**At first the level** of the committee. There was an important collection of ideas. Three times a synthesis was made and the suggestions discussed by e-mail with the participation of our chairperson, Judith Teszáry

**Secondly the level** of the Council. In October a proposal was sent to the Council members and discussed by them in November. A report of this London meeting with the advises of the Board was sent to the committee members and some changes were made.

**The third level** was FEPTO members. In January a text was published in FEPTO News and sent to all members who were asked for reactions, but from the answers received, it was not necessary to alter the proposal. We announced the vote on the different points by e-mail. Every one received a copy in their GA folder.

**A vote was taken by hand raising and the minimal standard was approved.**

**For 40 - Against 0 - Abstain 1**

## **42.6 European Affairs**

Pierre Fontaine reported:

Last month I met some leading EAP (European Association for Psychotherapy) members in Paris at the publication of a book. They told me their difficulties when psychodramatists ask for accreditation as psychotherapists. Psychodrama is not a member, so they have to be evaluated by other orientations, i.e. gestalt therapists, but they do not know our training standards.

This situation presents a problem psychodramatists who wish to be recognized and a problem for the status of psychodrama. So my wish was to give our standards to these people and also to explore how we can become a member. I remind you that in the EAP there are 3 types of members.

1. Individual psychotherapists
2. National Accrediting Organizations
3. European-Wide Accrediting Organizations for every member modality.

Individual members can become a European Certificate Psychotherapy as they become accredited by the National Accrediting Organization on advice of their European-Wide modality.

Two years ago in Grasse the General Assembly was against becoming a member of EAP for several reasons.

- Some important members were against it;
- We thought it would have to split our federation into psychotherapists and non psychotherapists
- We were internally not ready- we had not European standards:
- It was not urgent then

Now all these points have changed and I wish to explore in this direction with the help of Renée Oudijk.

Renée Oudijk since 2001 is chair of the Dutch National Accrediting Organization of EAP and so she joined the EAP Meetings in Vienna regularly. There she got tie strong impression that FEPTO is not an appropriate place to create a EWAO for psychodrama. FEPTO is such a friendly holding organization and EWAO is in a way very bureaucratic. In order to take responsibility for psychotherapy certification, the organization has to develop strict criteria.

Hans Verdonschot proposed that: the General Assembly approves that the Accrediting Organizations

together take action, regarding the EAP in the best interests of the method of psychodrama psychotherapy, with Renée Oudijk as the representative of the Council.

**A vote was taken: For 39 - Against 0 - Abstain 0.**

#### **42.7 Ethic Committee**

Maurizio Gasseau reported that the committee had drawn up a draft Code of Ethics which was presented and passed unanimously.

**A vote was taken: For 35 - Against 0 - Abstain 0.**

#### **43.0 Any Other Business**

Marcia Karp stated that 80 years ago, Moreno sometimes failed to pay his rent to the Association of Female Artists in Vienna, the place he rented for his Stegreif theater performances. The place still belongs to the collective of female artists.

Judith proposed that it would be nice if FEPTO would pay the rent for Moreno. Others found it not appropriate to do so. After some discussion Marcia proposed that while there will be a FEPTO meeting in Vienna in 2005, FEPTO can offer by that occupation the Association a gift of € 300,- to fund a purpose to be chosen in consult with the artists.

**It was agreed: For 33 - Against 0 Abstention 1**

**43.1** Pierre Fontaine offered the FEPTO Training Book for sale

**43.2** Pierre Fontaine pointed out the competition to find a logo for FEPTO and asked members to leave a vote for the one they like the most.

The meeting finished at 4.45 p.m.

Dorothy Langley - Secretary