

FEPTO – NEWS

NEWSLETTER OF THE FEDERATION OF EUROPEAN PSYCHODRAMA TRAINING ORGANISATIONS

NEWSLETTER COMMITTEE WELCOMES NEW FEPTO COUNCIL!!!

**EXECUTIVE COUNCIL
CHAIR PERSON**
Judith TESZÁRY
judith.teszary@chello.se

**VICE-CHAIR PERSON
EUROPEAN AFFAIRS TRAINING
COMMITTEE**
Pierre FONTAINE, M.D.
pierre.fontaine@psp.ucl.ac.be

**VICE-CHAIRPERSON ETHICS
COMMITTEE**
Maurizio GASSEAU, M.D.
Gasseau@iol.it

SECRETARY
Dorothy LANGLEY,
AAPSW, ADB
gdlangh@eclipse.co.uk

TREASURER
Chantal -NÈVE HANQUET
Chantal.Hanquet@swing.be



FROM LEFT TO RIGHT:

*Marcia, Dorothy, Pierre, Jutta, Gábor,
Judith, Chantal, Eva and Maurizio. Renee
is not present at this picture.*

COMMITTEE CHAIR PERSON

ANNUAL MEETING COMMITTEE
Eva FAHLSTRÖM
Connectedknowledge@yahoo.com
Gábor PINTÉER, Ph.D.
Pinter@peto.hu

RESEARCH COMMITTEE
Marcia KARP, M.A. TEP
MKarpl1444@aol.com

MEMBERSHIP COMMITTEE
Jutta FÜRST
Jutta.fuerst@uibk.ac.at

NEWSLETTER COMMITTEE
Renee OUDIJK, Reg. Ps.Th.TEP
Psychodrama@hetnet.nl

WEBMASTER
Antonio ROMA TORRES
Website: www.fepto.go.to

LOVELY CONGENIAL ENCOUNTER BETWEEN EUROPEAN PSYCHODRAMATISTS IN SOFIA

By Anne Ancelin Schützenberger

It was a lovely small congenial encounter between European psychodramatists in Sofia, together for Fepto Annual Meeting. Nice exchanges between psychodramatists - some 50 or 60 of us, mainly having training schools in psychodrama all over Europe - with Grete Leutz, Pierre Fontaine, Ella Mae Shearon, Anne Ancelin Schützenberger, Marcia Karp, Eva Røine, Eva Fahlström, Judith Teszáry, Renée Oudijk, Nifont Dolgoplov (Moscow) Gábor Pintèr (Hungary), Manuela Maciel (Portugal), Jörg Burmeister, Maurizio Gasseau, Dorothy Langley, Chantal Nève-Hanquet (elected

treasurer, after having done the job since one year, graciously, with the help of her sister Nadine, in Belgium - thanks to them both), Jutta Fürst, Ildikó Mävers, Elisabeth....many (too many to name them all) from Germany, Portugal, Holland, Finland (Aku), U.K., Italy, Belgium, Russia, Ukraine, Swiss, Israel, and of course of Central Europe and very nice encounter with Bulgarian colleagues and the memory of their passed trainer Bernhard Achterberg. We have re-elected the FEPTO-Board (except those

- continued on page 3 -



Fepto Research Committee Meeting

April 13 2002 the Research Committee held its first meeting

- Report from Michael Wieser -

This meeting was held in Sofia (Bulgaria) on April 13 and directed by Marcia Karp.

- Judith Teszáry (iudith.tesarv@chelo.se) from Sweden, the new president of FEPTO, is doing a research in psychodrama therapy using the social network inventory of Treadwell. An earlier publication is: Theorell, T. et al. (1998). Treatment of patients with chronic somatic symptoms by means of art psychotherapy: a process description. *Psychother-Psychosom.* 67(1), 50-56
- Jasna Veljkovic from Yugoslavia investigates psychotic outpatients in a treatment with psychodrama therapy for four years.
- Anja Van Impe (Inge.Arteel@vub.ac.be) from Belgium is starting her PhD project on father children relationships.
- Eva Røine (npi@psvkodrama.no) from Norway reports of a finished PhD project in Trondheim on incest and psychodrama therapy that will be translated into English.
- Marcia Karp (MKarp11444@aol.com) reports of their psychodrama research conference in Britain. There were workshops with Kate Hudgins, PhD on cross cultural research with the Containing Double, Dr. Ann Cattanach from the University of Surrey (Roehampton) on hermeneutic approach, Barbara Quin PhD on qualitative Research, Sam Warner from the Psychology Department at Manchester Metropolitan University on child sexual abuse, Dr. Kate Kirk on ethic research, Ann Bannister on her doctoral thesis with sexual abused children, Sheila Foxgold on evaluation of her work in prisons, John Casson MA on his doctoral project on psychodrama and serious mental illness, Julie Leeson and Mo Daniels on Clinical Outcomes in Routine Evaluations (CORE) and others. The conclusions of the conference were that there are to few outcome studies.

Dorothy Langley (gdlanglv@eclipse.co.uk), secretary in the board of FEPTO, is writing a dissertation in which she compares psychodrama with drama therapy.

Galabina Tarashoeva (gatarashoeva@dir.bg), the host and organizer of the meeting in Sofia, wrote in "History and Aims" of the ORPHEUS Psychodrama Center that they are doing research in katamnestic follow-up and transcultural studies.

Michael Wieser (Michael.Wieser@uni-klu.ac.at) brought three short papers with him. Austrian psychodrama research 2001; studies in treatment effects of psychodrama therapy; psychodramatists working at universities, in research units and higher education (see in the attachment)

Jörg Burmeister (bulmonte21@bluewin.ch, Switzerland/Germany) said that they also gathered a list of studies in psychodrama therapy we should combine. Further they are improving a study on outpatients and psychodrama therapy with Prof. Tschuschke, Kächele, Thomae and Strauss.

Ella Mae Shearon (Ellapsychodrama2@aol.com) from Germany/USA put in our mind again her PhD thesis: The effects of psychodrama treatment on professed and inferred self concept of selected fourth graders in an elementary school. Gainesville: Dissertation University of Florida.

Michael Wieser (Austria)

Michael is actively involved in the Fepto Research Committee and in Psychodrama Research in an University program in Austria. For more information see Research Committee at www.fepto.go.to

FEPTO NEWS

-continuation of page 1-..encounter in Sofia... We have re-elected the FEPTO-Board (except those who do not want any more to serve on it (Ella Mae asked to be excused after so many years), and those who resigned from Fepto already last year...) and upon suggestion from the floor, to the general assembly, the Board took the largest votes for president (they were 2, same numbers= Judith and Eva. Eva Fahlström chooses to serve as helper... so there was NO problem...) so very nice, when there are NO problems ...really...and to be more specific: The General Assembly was electing into the Board, and the Board was choosing the president and the other executives ; Chantal (Treasurer), Dorothy (Secretary), Pierre and Maurizio (Vice presidents) and Judith Teszáry (President), with many from the old Board (like Renee, Marcia, Eva, Gabor,...) and some new (like Jutta Fürst,... and help asked from Ildik6)...

What was nicely pleasant, was the relaxed atmosphere, that all went smoothly, without tensions, in a nice place high in mountains (so near from Sofia airport), we all living on the same place... very well organized by Galabina and Evgeni... without apparent work (I know better, it must be hard work and finally all went smoothly).

The group voted to finish trying to have finances of past treasurer completely explained and just hope for the best for the enquiry about the past - and know for the best for the actual and future - and to make supervision of finances better and easier and not to try to send original proofs by mad (often lost), or spend money travelling far to control.; to have the "controllers" in nearby countries, i.e. Benelux for the time being, like Aris)...

(Dorothy, our honorary secretary did take notes and will probably write soon an official report about all this, with all important details and the list of participants in Sofia - and FEPTO members put together by Chantal soon).

It was also suggested to send the newsletter to all by email (and by post only to those who do not have email). We had Marcia's birthday, and Dorothy's...

and are wondering whose birthday it will be next year, mid March, in -Lisbonne -Lisbon - Lisboa -Cascais, Portugal... [Cascais is a lovely fisherman village near Lisbon].

We had Bulgarian folk dances in our group place and also in town.. when we visited the town ... And what was really nice, for the busy bee that I am and some of us also, that we did work a lot and did exchange a lot about training and how we handle it -and for next year, many wishes to have more, more real Morenian theory, more about various styles and schools of psychodrama in the world (Morenian and others ..) and some about various applications of psychodrama...and ++ so would 3 days be enough?? or do we need more ? or have pre-FEPTO-meetings workshops also??

Ideas are welcome by Manuela Maciel (who is in charge of the next Fepto 2003 meeting in Portugal and by the planning committee - and since Judith was elected president, we hope to have a good team for the Fepto-Newsletter, Renee has been asked and will probably accept, maybe with G6ran + Wilma + a little of Giovanni. So we had old timers and newcomers; meeting and getting to know one another.

We had a lecture about theory of Moreno by Gretl and a nice letter from Göran, telling about recent brain cell research, giving background to Moreno's intuitions about the importance of action (many of us hope to know more about this).

Some of us are meeting again in Vienna for the 3rd World Congress of Psychotherapy and some of us are meeting in IAGP-Board twice a year - and all of us encourage all psychodramatists to belong to IAGP=International Association for Group Psychotherapy (and its Psychodrama section) and to give their name to the umbrella list and news exchange IPN (International Psychodrama Net)

Warmly
Best
Anne

(writing this from my high mountain home, resting a little before Paris, Montreal, New Orleans in May and Stockholm in June...)



Anne Ancelin Schützenberger, PhD, TEP, (in her own words an old-timer, 83 years and still working as psychodramatist and international trainer).

Her best seller book "The Ancestor Syndrome" is now translated into English, German, Russian, Portuguese, Spanish/Argentine - and her French book on psychodrama-a paperback, Psychodrame, Paris: Payot, PBP) - will be available in June.

<Anne.Schutzenberger@wanadoo.fr> -

<http://perso.Wanadoo.fr/a.ancelin.schutzenberger/>

Reports and Minutes of the Sofia General Assembly 12th April 2002

About the 2002 Annual Meeting minutes

Below you will find the minutes of the 2002 Annual Meeting. During the Assembly of the 2003 Portugal Annual Meeting we will approve them, so please read carefully and when you have remarks write them down, when they are fresh in your mind. In case your Training Institute or Accrediting Association the next meeting will be represented by some body else, please inform this person or send your remarks directly to our secretary Dorothy Langley: e-mail: gdlangly@eclipse.co.uk

Reports of the Executive Council

47.0 Chairperson's report.

The report by Renée Oudijk was read in her absence by Aris Zeilstra

I will report you about the activities of the Council and of my duty to represent Fepto by several occasions:

March 2001 in Grasse (France) the Council held four meetings.

July 2001 the Executive Council came together in Louvain-Belgium. The former Treasurer, Lolita Lopez, took part in this meeting. After that meeting she resigned, as reported in the Newsletter of December 2001.

August 2001 the Training Committee (Pierre Fontaine, Dorothy Langley and Reéee Oudijk) came together for three days in Louvain-Belgium. **October 2001** There was a 2 days Council meeting in Sofia-Bulgaria of nearly the complete Council together with the local organising committee (Galabina Tarashoeva, Evgeni Genchev and David Ieroham).

December 2001 the Membership Committee (Ella Mae Shearon and Renee Oudijk) met in Cologne-Germany.

February 2002 the Board held a meeting in London-UK, at Marcia Karp's residence. Unfortunately I could not attend this meeting as I was working in Ghana at that moment.

April 2002 at the Annual Meeting of Fepto in Bistritsa, Sofia, were four meetings of the Council, commencing the evening of Tuesday 9th April.

I now will mention a number of networking contacts where, together with participants, I developed some aspects of psychodrama and/or I had the honor to represent Fepto.

April 2001. Bulgaria (Varna & Sofia), I met lots of psychodrama colleagues and also Gabi and Evgeni. With Evgeni I visited Bistritsa to take a first look at place and prices.

May 2001, Turkey- Bergama Conference. At that occasion I was invited by the members of the organising committee u.w Inci Doganer and Arsaluys

to visit together with them the Mayor and the Head of the Police of Bergama and to lay flowers by the statue of Ataturk.

February 2002, not in Europe, but nevertheless important, I was very thankful to be invited by Father John Kirby of the Institute of Cross Cultural Studies and our friend Gong Shu from United States and Taiwan, to introduce cultural drama to local peace workers in Northern Ghana. **Sunday 7th April** I was invited to take part of the final exam of the assistant level of the Bulgarian Association of Psychodrama. I could congratulate the trainers for the excellent standard of their candidates.

Last Monday and Tuesday I was invited to work at the pre-congress meeting, organised by the Bulgarian Association of Psychodrama. Together with Aris Zeilstra, I introduced the inter- and intrapersonality model of the 'City of Axen' of Ferdinand Cuvelier. We developed this model in action and demonstrate it by using psychodrama as triad of Group Psychotherapy Sociometry and Theatre of Spontaneity.

9th April Last but not least as chair I was invited to make an official visit to the place where the Father of J. L. Moreno was born Plaven (Bulgaria). I visited the local Psychodrama Centre and got an interview from journalists of the local Newspaper.

As the General Assembly asks itself how much FEPTO money is involved in all this I am proud to say that only the expenses for the October Council Meeting in Bulgaria were on behalf of FEPTO. All other expenses for travel, lodging, food etc. were paid by the council members themselves.

As chairperson I saw it as my task to build strong interpersonal network and at the same time clear working relations. Important is to mention that during this year there were many e-mail contacts daily and a progress was shown in the way the council made use of the possibilities of the electronic highway. To be honest I must say that the council did not succeed in all what was in our minds and hearts to produce in 2001. You all will notice that the council members are hard working people. So the work for Fepto has often to be done in weekends and in the very late or early hours, as could be seen at the time marked on the e-mails we send to each other. The change of the treasurer, the change of the lead in the membership committee and the training committee, puzzled us a lot. Also personal circumstances sometimes had to prevail - today this is the reason I cannot be with you.

In the period 2000-2001 the council members learned a lot from working for FEPTO, from each other and about each other. In spite of the work we did not realized, I am sure that the members of your FEPTO

Council, together with the members of the committees, worked for FEPTO to their utmost. You will understand that to day I am proud to mention especially the work the members of the Annual Committee did for us. Their work made it possible to meet each other here in such a good atmosphere.

So to end my report, I like to thank you for the trust you put in us and in me. I am sure that listening to the reports of the Council members, you will get a good impression of the work the Council faced and the way we tried to take care of Fepto matters.

47.1 Vice Chairperson's report.

Pierre Fontaine reported on the committee for European Affairs.

At the General Assembly at Grasse, 2001 we decided not to join the European Association for Psychotherapy (EAP) at the moment. The reasons are in the minutes of Grasse. The first reason was perhaps not formulated enough. Here I try to express it better.

EAP is an organisation for psychotherapy, or better psychotherapists with three types of members: (1) individual members, (2) national psychotherapy umbrella associations and (3) European Wide Accrediting Organisations (EWAO) of a distinct therapy orientation with individual members. If we join we not only have to create a section of psychodrama-psychotherapy. But also create a Psychodrama-Psychotherapy Association with individual members, who are accredited by us as psychodrama-psychotherapists. This was complicated for us. We asked ourselves: "What do we miss if we don't join EAP?" I think:

- (1) We don't have some type of European recognition for psychodrama and our psychodrama psychotherapists.
- (2) We miss also the stimulating contact with other psychotherapy orientations in different committees on ethics, research etc.
- (3) We don't feel the need to clear up our own situation and to agree about minimal training standards.

Activities: When we decided not to join EAP at the moment, we decided also to treat these omissions in alternative ways. We planned:

1. To discuss training and minimal standards.

-In August 17th - 19th 2001, Renee Oudijk, Dorothy Langley and I discussed about training standards studying English, American, Australian, Nordic, Dutch and Austrian models. Dorothy Langley made a two page summary and Renée Oudijk worked on it. -In September I presented at the Psychodrama conference in Iglo (Montenegro), a lecture on European psychodrama training. 'Unity in the Diversity'.

-On a skiing vacation, Maurizio Gasseau and Jörg Burmeister discussed minimal training standards and

phoned me about it. This subject was put on the agenda of the Sofia meeting. There were exchanges between Jörg Burmeister and me. I thank Maurizio Gasseau and Jörg Burmeister for their collaboration. Personally I find the publication of a directory as important. (see Training committee).

2. To stimulate the National Psychodrama Accrediting Organisations in their contacts with the National Umbrella Organisations of EAP for psychotherapy members or not, Nel Bax took the initiative of contacting our Accrediting Organisations and send them a letter inviting them to a special meeting in Sofia.

3. Contacts with other psychotherapy orientations.

I was asked to present psychodrama and write a chapter in a book edited by Mony Elkaim. It is a book about 12 different psychotherapy orientations published by Le Seuil in Paris. The last chapter is What do we have in common? We received the papers of the co-authors and were invited to Paris for discussions, where each author could explain his closeness and distances to the other psychotherapy orientations. It was possible to play like this spectrogram but we had met to talk about a book and we did so. I felt close to the Client Centred, to Gestalt-to Systemic therapy and to new orientations in Analytic Therapy. It was somewhat reciprocal.

4. In July 2002 there will again be a World Congress of Psychotherapy in Vienna. Maurizio Gasseau is organising a panel on Psychodrama in Europe. There are other psychodrama presentations from our members.

5. We also, at our London Council meeting, briefly discussed whether Fepto should become an organisational member of the International Association of Group Psychotherapy, IAGP.

Marcia Karp gave me the address and I asked for general information and specific about the fee. What will our position be towards the International Psychodrama Association?

47.2 Treasurers Report.

Chantal Nève-Hanquet reported difficulties in the take over, in September 2001 from Lolita Lopez. Accounts were not accepted by the auditor Eduardo Verdu as they were photocopies and not originals.

The General Assembly was then adjourned at 15.50 for a short emergency meeting of Council and was resumed at 16.15

47.2 continued

Chantal Nève-Hanquet was not able to hand some vouchers to Eduardo.

Three members had been through the accounts with Chantal Neve-Hanquet and found them to be in order. It was noted that there were no formal regulations about the way documents should be handled. The present criteria of the auditor is

Norwegian. Jörg Burmeister suggested there should be a protocol on how to hand in documents. **It was proposed that the 2001 accounts, with the amendments made by the Council, be accepted. 23 votes for, 7 against and no abstentions**

Proposed: Marcia Karp

Seconded: Anne Ancelin Schützenberger

For 23 - Against 7 - so the motion was carried

47.3 Secretary's Report

Dorothy Langley reported that she had taken the minutes of General Assembly, Council and Executive meetings, and had monitored written English where it was requested.



Secretary Dorothy Langley together with her husband Gordon, have diner with Evgeni Genchev, one of the organisers of the Sofia meeting.

Picture is taken at last years meeting in Grasse - France -

Reports of Committees

48.0 Membership Committee.

Ella Mae Shearon reported that Renee Oudijk, Gabor Pinter and she were the only members left on the Committee. They were pleased to inform the membership that:

1. **PfE** sent in the missing documents. They have fulfilled the requirements for membership and we are pleased to have accepted them as a Member Training Organisation.
2. **Dr Abdülkadir Özbek Psikodrama** (Bergama, Turkey) have sent in the missing documents and are approved by the Membership Committee. They are accepted as a Member Training Organisation.
3. **APRAGI** was a member of FEPTO and the chairperson has written to say that the name has been changed to **APRAGIP**. Maurizio Gasseau and Vanda Druetta are the representatives of this organisation in Fepto.
4. **The group Analytical Association on Jungian Psychology and Psychodrama, GAJAP** represented by Wilma Scategni (Italy). The papers are in order and in addition have been recommended by Giovanni Boria. The Membership Committee proposes acceptance.
5. **Psychodrama Helvetia, PDH**. The Swiss representative is Dr.Marianne Tobler-Schkiolziger. They applied to be an Accrediting Organisation last year in Grasse.

The documents have been processed and discussed by the Membership Committee who recommend them as an Accrediting Organisation of FEPTO.

6. **The Association of Finnish Trainers in Morenian Psychodrama, MOPSI** in Helsinki has applied for Accrediting Organisation membership of Fepto. Their documents are correct Founding Member Ritta Vuorinnen and Sirkku Aitolehti have recommended them. The Membership Committee proposes the General Assembly to accept their request to be an Accrediting Organisation of FEPTO
8. **The Psychodrama Society J. L. Moreno of Rumania**, represented by Horatiu Nil Albini, have been processed and approved by the Membership Committee and we recommend the General Assembly to accept this institute as a Training Member of FEPTO.
9. **The Bulgarian Association of Psychodrama, BPA**, President Georgio Antonov and vice-president Dimo Sanchez, has applied to become an Accrediting Organisation in FEPTO. They have been recommended by all Bulgarian Psychodramatists who are members of FEPTO. The Membership Committee has approved their application and asks the General Assembly to approve them.
10. **The Institute of Gestalt Therapy and Psychodrama, YCTAB of Moscow**, representative Nifont Dolgopolov, in Moscow has applied for membership as a Training Organisation. Information was presented to us in Russian. The Membership Committee require a translation into English of the formal documented structure of curriculum. The Membership Committee recommends that the general Assembly accepts this Training Organisation in FEPTO **on condition that these requirements are met within 4 months**. They are to be sent to the Chairperson of the Membership Committee.
11. **The Kivunim Institute of Psychodrama**, applied last year for membership as a Training Organisation. The Membership Committee discussed the application with the Council and after carefully reviewing the application decided to propose the General Assembly do not accept their request to be a Training Organisation member of FEPTO.

48.1 Voting Procedures

Kerstin Buckley read Article 5 of the constitution. The representative of an organisation if a fully paid up for 2001 can now vote if accepted as a member.

Voting	for	against	abstention
GAJAP	47	1	1
PDH	47	1	1
MOPSI	47	0	1
PS J.L. MORENO	47	2	1
GPI MOSCOW:	45	2	3
BULGARIAN ASS	47	1	1
KIVIUM INSTITUT	7	29	12

48.2 Honorary Membership.

Greta Leutz was accepted as an honorary member proposed by Judith Teszáry, seconded by Pierre Fontaine agreed unanimously.

48.3 Annual Meeting Committee Report

Eva Fahlström reported:

It has been my duty to be the link between past and future organisers of Fepto meetings.

In Budapest I co-ordinate a small informal meeting between the Hungarian organisers and Lolita Lopez, France.

In Grasse I tried to assist Lolita Lopez in her practical work with the organisation. I also co-ordinated an informal meeting between Lolita Lopez and the Bulgarian Organisers, Galabina Tarashoeva and Evgeni Gentshev.

In October I arrived four days earlier than the Council in order to meet part of Bulgarian psychodramatists and give a 2 day Play-Back workshop and a lecture demonstration at the Medical Academy Psychiatric Clinic. Above all I could spend time with Galabina Tarashoeva and try to understand some of the Bulgarian realities.

I hope it was helpful to the Sofia organisers that I arrived five days before our April meeting here in Sofia. I gave again a Play-Back workshop. Being close to Galabina Tarashoeva gave me a lot of insight about the enormous task she, Evgeni Gentshev and David Ieroham have undertaken. Renee Oudijk spent similar time with Evgeni Gentshev.

Future tasks for the next annual committee will be to be the link between the Bulgarian organisers and the Portuguese Association, in this meeting represented by Manuela Maciel Costa.

Further it has been my task to find more information about the Finnish Psychodrama Association's kind offer to host a Fepto meeting in Helsinki in 2004. The representative of the Finnish Psychodrama Association in this FEPTO Sofia meeting is Aku Kopakkala. I strongly recommend FEPTO General Assembly to accept the kind invitation to meet in Finland after Portugal.

The acceptance of the offer to go to Finland for the 2004 General Assembly was unanimous.

48.4 Report of Research Committee.

Marcia Karp presented a written report. During the last year we received a list of Empirical Psychodrama Research References since 1994 from Judith Teszáry. The list was compiled by Therapeutic Spiral International.

Fepto Newsletter congratulate the new Honorary Fepto Member Crete Leutz !!!



Grete - as we all know her- in lively conversation

Picture from the Fepto Annual Meeting of March 2001 in Grasse-France

- continuation of Research Committee report -

There are reports from Sweden of plans to carry out using Tom Treadwell's diagnostic instruments measuring interpersonal relationships: The Social Networks Inventory.

Also, Michael Wieser reports on work with psychodrama and psychosomatic illness. This is available on the psychosomatic website.

All other research shall be reported to this Committee

48.5 Newsletter Committee Report

Judith Teszáry reported two issues were published during the year 2001. It is costly and time-consuming. In order to reduce the expenses and send out the news more often, the council in the London meeting decided to buy the Acrobat program and distribute the Newsletter to the members by e-mail which can be printed out by ACROBAT Reader (can be downloaded free from the net) and send paper copies to the ones who do not have e-mail and access to the internet.

The next Newsletter which is almost ready, consisting of 8 reports by our members will come after the Sofia meeting.

During the year, I have been working together with Galabina Tarashoeva on the program for this Sofia meeting and on making decisions of financial questions in concerns of this meeting together with Pierre Fontaine and Chantal Neve-Hanquet.

48.6 Report of the Training Committee.

Christina Villares Oliviera was not present. Pierre Fontaine reported that he tried unsuccessfully to contact her directly and through Antonio Roma Torres. Anne Schützenberger reported that Christina had written to her saying that she was not doing much psychodrama nowadays.

It was agreed to appoint a new chairperson at the next Committee meeting.

Pierre Fontaine distributed a written proposal entitled Training in Fepto'.

He spoke about the importance of having a good directory about the training in Fepto.

Pierre did a proposition to take care of such a directory, but want to have your reactions and your support, because it is not easy to put limits.

He proposed the following content:

0. Introduction

1. FEPTO

1.1 History -10 pages (he has made a draft for the first 5 years)

1.2 Composition of the committees - 2 pages

1.3 Committees:- present situation and projects -1 page for each committee.

2. Countries and Organisations - countries in the alphabetical order of their English name- For each country an history of psychodrama in that country (the text must have the agreement of all member organisations of FEPTO from that country (2p = 40p)
- A list of all training organisations in each country, also those who are not FEPTO members (?) 1 p (done in 1995)

-Each Organisation with its identity and training program 2p or 4p each?=80p or 120p

3. Trainers (main or senior trainers, TEP) Founding Members of FEPTO 1p + photo. How to limit this to important trainers in the Organisation? 100p

4. Bibliography of these trainers (or bibliography of who's who of trainers?). No more than 10 important publications, indicating the 3 most important trainers - total 15p

5. Synthesis about training and recommendations on minimal European standards?

48. 7 Report of the Ethical Committee

Ildikó Mävers reported that the committee had contacted each other by e-mail and have studied various codes of practice. They hope to produce a Fepto code.

48.8 International Affairs.

Jörg Burmeister reported that there is a new proposal for Psychodrama organisations to join together at an international level. He recommended organisations to join the IAGP.

Meeting of I AGP in Jerusalem, founding of the IPN, the International Psychodrama Network For Innovation see: internationalpsychodrama@yahoo.com.



49.0 Retiring Council Members.

Grete Leutz suggested that if people retire from the Council before the end of their 2 year period, they should be asked for written confirmation.

50.0 Scholarships

Pierre Fontaine recommended a collection to make a bridge fund for scholarships for non Fepto Member Institutions/Organisations who intend to be one, for this meeting and possibly the next. This was agreed unanimously and a collection was immediately taken (since we cannot Fepto money to non members).

50.1 Auditors.

It was agreed that two auditors, **Nel Bax** and **Aris Zeilstra** both from Holland will be appointed, to prevent the difficulties that had arisen with an auditor who could not see the receipts personally. There was some discussion as to the advisability of two auditors of the same country, but it was agreed that it would simplify matters.

50.2 Membership fee

Last year it was already agreed that the membership fee for 2002 be increased by 10% so it will be for:

Training Organisations	165,- Euros
Accrediting Organisations	165,- Euros
Founding Members	82,50 Euros

Members of the Council then retired as it was the end of their term of office. The meeting closed at 6.00 p.m.

Election of the New Fepto Council

The meeting opened again at 6.30 p.m.



In the Annual Meeting of last year, Fepto members worked on the theme: History of Psychodrama in Europe. Participants will remember the large tree where everybody tried to locate him- or herself in line of her or his training history and the history of his or her main trainer(s). Here Roberto de Inocencio tells about his roots

-March 2002 Grasse-

1.0 Resignation

Ella Mae Shearon announced her resignation from the Council. Pierre Fontaine thanked her for her long service. She had been on the Council, prior to its inception as FEPTO.

2.0 Election for Council

The new council was elected by the membership as:

Eva Fahlström 47 votes
 Judith Teszáry 47 votes
 Maurizio Gasseau 46 votes
 Pierre Fontaine 44 votes
 Dorothy Langley 43 votes
 Marcia Karp 42 votes
 Jutta Fürst 41 votes
 Chantal Nève-Hanquet 40 votes
 Gábor Pintèr 33 votes
 Renée Oudijk 31 votes

General Assembly Meeting Sofia Friday 13th April, 2002

First Meeting with the New Council

1.0 Introduction of the new Council

The chosen council members introduced themselves as: **Chairperson** - Judith Teszáry;

Vice Chairpersons - Pierre Fontaine and Maurizio Gasseau;

Treasurer - Chantal Neve-Hanquet; **Secretary** - Dorothy Langley;

Annual Meeting Committee - Eva Fahlström and Gábor Pintèr;

Chairperson Membership Committee - Jutta Fürst;
Chairperson Newsletter Committee - Renée Oudijk (if she is willing);

Chairperson of Training Committee and Committee for European Affairs - Pierre Fontaine

Chairperson of Ethics Committee - Maurizio Gasseau;

Chairperson of Research Committee - Marcia Karp.

2.0 A letter from Göran Högberg,

who could not be present, was read and good wishes were to be sent to him.- *letter is published at page 11-*

First Meeting with the Committees

3.0 First Reports from the Committees

3.1 Training Committee

Members :- Pierre Fontaine, Jörg Burmeister, Dorothy Langley, Galabina Tarashoeva, Nifont Dolgoplov, Evgeni Gentshev, David Ieroham, Jasna Veljkovic, Chantal Nève-Hanquet, Fred Dorn. There were sufficient numbers to allow two groups, coming together at the end to pool ideas.

Subgroup A. Theme was Required Knowledge:

- 1 - Experience of Psychodrama for oneself - Role of Protagonist and Auxiliary -25% of training time.
- 2 -Training by practice inside a trainee group with an observer,
- the role of the co-director.
- 3 -Theory which can be an ongoing process
- 4 - Practice in the field - under supervision if possible
- 5 - As Director and Co-Director of ongoing group project.
-Total hours of training with Trainer 720 hours - Practice is additional

FEPTO NEWS

Question of group A - Is it possible to have the same trainer for self experience and training?

Please send responses to Pierre Fontaine within one month of receipt write or e-mail Pierre and comment on:

- 1 Ideas on minimum standards in 1-4 above
- 2 Ideas on different models of theory

Subgroup B. Theme was Goals of Standards.

Minimal standards of education in Psychodrama in respect to the different cultures and orientations. In the small group were represented different cultures, countries and experiences concerning the development and acceptance of psychodrama: Italy, Switzerland, Turkey, Belgium and Germany. They agreed that in respect to the different demands according to political, governmental, social and legal situations in their countries the minimum amount of members basic educational training in psychodrama should not be less than 600 hours. They agreed, furthermore, that this education on a basic level should be open for a great variety professions and qualifications. That in the first place the trainees should become psychodramatists. The specification into PD-therapist -leader or whatever should be offered later on.



Fiery discussion during the Fepto Committees Meeting

3.2 Membership Committee

Members: Jutta Fürst, Yaacov Naor, Ildikó Mävers, Inci Doganer and Fred Dorn.

The Committee would work towards new criteria for membership with:

- 1 A deadline for application an application by the end of September;
- 2 One of the members of the Committee would be invited to the applying Institute. The Institute to pay for the visit maybe combined with a paid workshop.
- 3 They would ask for 2 recommendations from Fepto members in good standing -1 from the applicants own country.
- 4 A summary of the opinions of the first visit should be sent to all members before the election.

- 5 The new Institute to show structure presented in a psychodramatic way to introduce themselves.
- 6 The leader of the Training should be a fully trained psychodramatist
- 7 It is correct to attend the General Assembly if applying to see how Fepto works.
- 8 The Membership Committee will liaise with the Training Committee

3.3 Research Committee

Members: Marcia Karp, Eva Røine, Michael Wieser and Anja van Impe.

- 1 There is a 4 year study ongoing
- 2 There is a Trondheim student who has produced research on victims of incest.
- 3 Anja van Impe is involved in research at present. Michael Wieser has a paper of 10 disorders and psychodramatic work with them. Germany has a large number of research papers but they are written in German.
- 5 Research at the international level always requires outcome with a control group.

3.4 Ethics Committee

Members: Maurizio Gasseau, Arsaluys Kayir, Vanda Druetta, Susanne Kuntz and Inna Didkovskaya.

- 1 The Committee has links with the Membership and Training Committees.
- 2 They ask if it is ethical for the Supervisor to also work with the trainee as therapist
- 3 European culture differs in some respects
- 4 They have decided to collect other ethical codes and prepare for the next General Assembly in Bergamo, Portugal.

3.5 Newsletter Committee Members: Wilma Scategni, Renee Oudijk (probably Editor) Elisabeth Mlasko, Edmondo It, and possibly Goran Hogberg, Giovanni Boria, Paola De Leonardis.

Wilma Scategni will ask Renee Oudijk if she would like to be Editor. In the meantime all e-mails should be sent to Wilma Scategni. Judith Teszáry will hand over to her.

3.6 Annual Meeting Committee

Members: Eva Fahlström and Gábor Pintér who will liaise with Portugal and Finland.

!!!! Amended dates for next years Annual Meeting in Portugal are: April 9th - 13th 2003 !!!!

28th April, 2002
Dorothy Langley
Secretary

FEPTO-letter *April 2002*

Hello Psychodramatists!

Alas it is not possible for me to attend the Sophia meeting because I have to attend as expert to a supreme court hearing in Sweden.

Judith asked me to bring some message.
OK.

Firstly

There is new strong scientific evidence which is in favor of psychodrama as a method for emotional learning. The first: there are mirror cells in the brain. These cells activate the same pattern in the brain as if you did the movement yourself. This means that you can understand other people by looking at their action. Like we do in psychodrama all the time. And in mirror. Language comes from movement is part of the theories that are coming from the finding of the mirror cells. Vilayanur Ramachandran, professor in neuroscience in University of California says that this will be of the same importance for psychology as the finding of DNA was for biology. That was about the mirror cells in the brain.

The other finding is also about transmission of feelings. The transmission, both sending and receiving of feeling goes through the face. This was formulated already by Darwin, it is part of the affect theory of Tomkins and Basch a new Swedish research showed that highly emphatic people had faster imitation of the others face then those who had low-empathic. The imitation is automatic and unconscious. Also this is what we practice is psychodrama. In role reversal and in doubling we train the capacity to form imitation of body and facial expression. So what we have known without proof of science now can be well anchored in actual research.



Secondly

FEPTO is slowly growing and is by itself a quality-factor. The meeting of psychodrama trainers from other countries means an exchange that gives feedback. This is the most important aspect, not formalized criteria, but the process of exchange. This means that the most important element of FEPTO is the meeting. It is difficult to have formalized structures for continuous work in between meetings. It is difficult and expensive to work like that at a European level.

The newsletter can be the second most important tool for support and integration among teachers. It will only become what we make of it. It can become the place for spontaneous projects across national borders.

Thirdly I want to stress the importance of creating psychodrama-Balint groups. Psychodrama-Balint, very successful I believe in Hungary, is a very important highway into the psychologically interested segment of the medical profession. This will have very beneficial effects on the acceptance of psychodrama.

All the best until next,
friendly yours

Göran Högberg

Bon Appétit!!

Dear Reader,

As the new Chairperson of the Fepto Newsletter Committee with pleasure I present this Fepto- News number 4.1 - the first number of the 4th Council period.



Since 1994 - Oxford I am chosen in the organisation of ESCOPE and next in every Council since the founding of Fepto in 1996. With the role of Editor of the Fepto Newsletter I hope to finish a full ten years period in service of our federation.

Probably you wonder why I chose this picture

to introduce myself in this new role? I wondered too. Asking myself why, It came to my mind that I was a part-time journalist when I was 18 years old next to student in fine arts. Now, after being organizer, treasurer and chairperson of Fepto, the opportunity to go back in time tastes as a kind of a surprise dessert!!

But back to business... the topic of the first Newsletter is the Sofia Annual Meeting of last month. It contents a lot of information, both for participants and for members who could not participate. It mirrors also the special flavor of playful atmosphere and hard working attitude that characterizes psychodrama and our Fepto meetings.

Together with Wilma and the authors of the articles and pictures, I hope you will enjoy what is served. Taste from what is going on in Fepto.....and join when it tastes for more. Bon appétit !!

Renée Oudijk

CONTENTS

Welcome to the new Council -1
Encounter in Sofia - Anne -1
Research Committee - Michael -2
Encounter in Sofia - continued -3
Minutes and Reports Annual Meeting -4
Election of the New Council -9
Annual Meeting Friday April 13 -9
Letter from Goran Hogberg -11
Bon Appétit -12

FEPTO Welcomes New Members!!!

Accrediting organisations

Association of Finnish Trainers in Moreno
 Psychodrama, MOPSI - *represented by Raimo Niemisto*
 Psychodrama Helvetia, PDH - *represented by Marianne Tobler-Schkölziger*

Training organisations

Bulgarian Association for Psychodrama and Group Therapy, BAP - *represented by Georgio Antonov*
 Group Psychoanalytical Psychodrama Association on the bases of Analytical Psychology of C.G. Jung
 GAJAP - *represented by Wilma Scategni*
 Psychodrama Society J.L. Moreno, SPJLM - *represented by Horatiu Nil Albini*

