

FEPTO-NEWS

NEWSLETTER OF THE FEDERATION OF EUROPEAN PSYCHODRAMA TRAINING ORGANISATIONS

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(since 2002)

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Maurizio Gasseau,

Pierre Fontaine and

Michael Wieser.



FROM THE PRESIDENT

Judith Teszary

FEPTO has today 13 Accrediting Organisations, 33 Training Institutes and 33 Founding Members.

The new FEPTO Council had two meetings after the annual meeting in Kauniainen, Finland. One meeting after the GA in Kainiainen and one in Namur/Belgien, 5th to 7th November. A third Council meeting will take place just before the annual meeting in Vienna. For the third meeting we have chosen Bad Voeslau as a meeting place, which give us, the Council, an opportunity to also meet the Mayor of the City and to visit Maithal 4, Morenos house which is planned to become a Museum in the honour of J. L. Moreno. I hope that the world psychodramatists will honour the memory of Moreno by donating the money needed and to become a part of the creation of the historical memory in form of a Moreno Museum.

An Executive meeting has been held in Louvain, Belgium 11th to 13th February 2005.

What have been the main tasks for the Council since Finland

We welcomed the new council members. More than half of the officers were new on their posts. The handovers from the old members went smoothly.

The council is working hard on the development of the regulations within the different committees. We are working on the clear formulations of their duties and for the tasks involved.

We felt it is very important to keep continuity in the work that we have built up during the years, but also to be open to opportunities to improve and make changes and to develop new functioning forms.

By – laws

The following by-laws are going to be voted on in Vienna:

1. **The training institutes and the accrediting organisations shall make a distinction between psychodrama training for psychotherapy and psychodrama training for other fields.**
2. **The training of the psychodramatist shall take minimum four years including the supervised practice before the final examination.**

Other voting issues:

Organisational membership in IAGP

Some amendments in the Code of Ethics

EAP

FEPTO applied and has been accepted as an EWO (European Wide Organisation) member of EAP (European Association of Psychotherapy). It means that psychodrama is represented as a modality of its own. We have received a welcoming letter from Dr Alfred Pritz, the Secretary General of EAP.

The next step was to become an EWAO (European Wide Accrediting Organization). We recently have got the news from Michael Wieser who represented the Council at the EAP meeting in Vienna 18th February that our application approved and FEPTO became an EWAO.

EAP has established a European Certificate of Psychotherapy (ECP), "which will help to ensure that psychotherapists are trained to the EAP's standards and which will help to guarantee the mobility of professional psychotherapists within the European market".

Our members can apply for ECP through their NAO (National Awarding Organisation).

A preliminary document on 15 questions about the scientific validity of psychodrama has been sent to EAP. A second and expanded version of the same document is under preparation.

The EWAO membership demands that FEPTO establishes a new committee to handle the applications, to inform our members about the application procedures, to help to implement the EAP requirements in the member institutes training programs and to participate at EAP meetings.

EAP standard requires that the training institutes make a differentiation in the training of psychodrama therapists and psychodramatists of other fields in their programs. The training should be 4 years included the supervised practice and special seminars.

IAGP

IAGP membership has been discussed. We budgeted a post for an organisational membership, but we recommend our members to apply even for individual membership.

New members

The membership committee established some new routines for welcoming the new members. They will receive: FEPTO statutes, a list of members, Code of Ethics, Minimal Training Standard and the latest issue of Fepto-News.

Pre - and post conference

The Council is preparing regulations about these events. The conferences should be linked to FEPTO annual meetings and should be arranged in co-operation with the FEPTO Council and should have the focus on exchange of training matters between European students, trainers and practicing psychodramatists.



Web site

We are planning to make a directory of all member institutes with the history of psychodrama in the country, the structure of the training, the publications and the main trainers.

The development of the federation makes it necessary to renew the site to make it more practical and usable for our members. I take the opportunity to thank Antonio Roma Torres who has been the Web master of FEPTO during all these years for his dedicated work with the site.

The secretary Horatiu Nil Albini was delegated to bring suggestions for a new design of our web-site, which will be presented in Vienna.

Bridge over troubled water - Integration of opposites allows differences

Is the title of the Vienna meeting. In our choice of the topic we tried to follow the desire of our members. By group dynamic terms we are just now in a new phase of storming (forming, storming, norm-ing performing). The more we get acquainted to each others training systems, thought of values, purposes, the more the differences appear. Differences: in culture, differences in the use of terms, the base for admission to pd training, the length of the training, structure of the training, titles after the examination. Which institutes/organisations have the right to issue a certificate? Shall clinical and non clinical use of psychodrama have the same status or is the one superior the other? Is FEPTO an organisation, which choose to develop both equally? Are psychologists and psychiatrists better suited to be psychotherapists or work with groups and personal development? What differences can we live with? Is FEPTO mature enough to handle power games and conflicts? I am sure we are. I believe that if we handle conflicts and differences in constructive an open climate those will strengthen and develop the federation.

Being the president of FEPTO is joyful but hard task, impossible to execute without the collaboration of the council members. I do count on your future support in our mutual task to promote psychodrama and to expand a living network between psychodrama institutes within and outside FEPTO.

A warm welcome to the two new institutes voted on in Finland

- **Institute of Psychodrama and Socioterapy (IPS) of the Open Psychotherapy Centre, Greece**
- **Associazione Incontro (Centro de Psicodrama y Sociodrama Zerka Moreno) Italy**

The next FEPTO meeting will take place in Romania/Bucharest as a forecast 26-30 April, Post conference 30 April – 1 May 2006.

I am looking forward to meet you in Vienna!

Judith.teszary@chello.se



FROM THE TREASURER

Chantal Neve-Hanquet

Dear FEPTO members,

Your personal fee, or the fees paid by your organisation, permit FEPTO to function successfully. These last years you helped me, as treasurer, very much by avoiding late payments. In the coming days I shall send you an e-mail request to pay your fee for 2005. Some organisations will also receive a reminder for the 2004 fee. Thank you very much for your collaboration.

Chantal.hanquet@swing.be

WELCOME TO VIENNA

*Welcome to the 13th FEPTO meeting in Vienna
Europahaus 20th-24th April 2005*



The Fepto meeting in Vienna will start on Wednesday 20th of April at 3.30 pm with registration and end on Sunday the 24th at lunchtime.

The conference will take place at the Dr. Bruno Buchwieser - Europahaus a European student centre of the Austrian Young Workers Movement.

It consists of five newly erected buildings in a campus like arrangement with old trees, green surrounding and a romantic atmosphere. A hideout in the green – and still in Vienna with all the advantages of a big city.

The hostel provides studies and club rooms, fitness and gymnastic rooms, saunas, table tennis, hall for 250 people with stage and light and projection techniques, bicycle storage for 300 bikes, car parking.

In the 6 hectare park: historic baroque castle, a football ground, cycling paradise, open air dancing ground and stage, student's cafe in the former orangerie.



Every room is equipped with shower, WC, telephone, sat-TV and Internet; Laundry is in the house.
Excellent public transport connections to the city centre.

We hope to offer you an inspiring atmosphere for these four days to work on the topic of the conference.

Vienna was always and still is a melting pot of many cultures and developed by integrating opposites. So we hope the influence of this city will support the work in the meeting.

Within the next days you will get the 2nd announcement with the detailed programme and all information how to find the way to the Europahaus.

Looking forward to seeing you *Norbert Neuretter* (chair of local organizing committee), *Jutta Fürst* (chair of annual meeting committee).

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RESEARCH COMMITTEE

Michael Wieser

Research Committee Report, July to December 2004

FEPTO has to answer 15 questions for scientific validation of psychodrama therapy to the European Association of Psychotherapy (EAP, www.europsyche.org) to become an European Wide Accrediting Organisation (EWAO) as decided in the last general assembly. Scientific validation is also an issue of the research committee; therefore this work will be done in cooperation with the European Affairs Committee. There was a provisional and rapid answer in English from M. Wieser and P. Fontaine on this after October. The EAP acknowledged this, but for our sake we will improve it. M. Wieser got the task of coordinating a suggested group of FEPTO members and partly non-members. We hope to get contributions. Judith Teszary, Pierre Fontaine and M. Wieser will edit the common text, which will be sent to EAP by May 25th in six weeks deadline before their meeting.

This means the research project ideas of using Social Network Inventory (SNI) and Brief Symptom Inventory (BSI) will be postponed till the 15 answers are improved.

Antonio Roma Torres, a former chair of the Research Committee, joined the Committee and we would like to invite more people to become members of the Committee.

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The Effectiveness of Psychodramatic Techniques: A Meta-Analysis (Kipper & Ritchie, 2003)

Reviewed by Michael Wieser, edited by David Kipper

An earlier survey of the effectiveness of psychodrama (e.g., Kipper, 1978; Kellermann, 1982; Rawlinson, 2000) found out that psychodrama promotes "behaviour change with adjustment, antisocial and related disorders" (Kellermann, 1982) and "develop self-esteem, to change elements of their behaviour and to develop empathy and social relationships" (Rawlinson, 2000 in Kipper & Ritchie, 2003, p. 14). However, these surveys were qualitative analyses. The first, meta-analytic study of the effectiveness of psychodrama techniques was conducted by Kipper and Ritchie (2003).

Theoretically Kipper viewed psychodrama as a compendium of clinical procedures (Techniques) that when put together, formed the psychodrama intervention. Kipper and Ritchie (2003) reviewed empirical studies published in the last 35 years (1965-1999) concerning the effectiveness of role reversal, doubling, strait role playing portrayals, and treatments that combined several psychodrama procedures (multiple techniques). They used a rather stringent inclusion criteria, which resulted in 25 publications that were admitted. The initial literature review included retrieval from Social Science Index and reading the articles in their original publications. Two independent judges selected the final list of the articles with interrater agreement of 92%. The articles selected did not include those dealing with sociometry. The psychodrama procedures techniques whose effectiveness seemed to have some experimental investigation fell into four categories: role reversal, role playing, doubling and multiple techniques.

Articles included techniques that were used intensively, that is, 3 to 10 minutes for role-reversal, 5 to 15 for strait role playing, and 3-15 minutes of doubling. The participants in these studies were clinical and non-clinical populations. Only 44% had multiple sessions.

In calculating effect sizes the authors used pooled standard deviation. 25 studies generated 281 effects with a big sample size of 1,325.

The results show a moderate adjusted effect size of 0.95¹, which is congruent with the effect sizes seeing in meta-analyses of the effectiveness of traditional, verbal group psychotherapy. Role reversal yielded the largest effect followed by the double. The multiple techniques had small effects; role playing had nearly no effects.

The difference between the procedures (techniques)

- doubling is significant better than role reversal, multiple techniques and role playing.
- role reversal is significant better than multiple techniques and role playing.
- multiple techniques and role playing are equal.

Ordinarily, one would expect to find that the multiple techniques category would show the greatest effectiveness. Surprisingly, this did not happened. Probably this can be attributed to the small number of studies found in this category. Groups of mixed gender tended to have higher effect sizes than single gender groups. There were no significant differences between clinical and non-clinical participants. Surprisingly, the same feature was observed with regard to the number of sessions from which ranged from 1 to 40. The authors identified several independent variables and predictors: "populations (students vs. other populations), gender (single vs. mixed), and number of sessions (one vs. more than one)" (Kipper and Ritchie (2003, p. 20).

¹ A moderate positive outcome starts with an effect size of 0.5, a large effect size customarily with 0.8, under 0.5 it is a small effect size. So you could say 0.95 is a large effect size, but it is not true for all techniques and there is a standard deviation.

Role-reversal was used more with students and in single sessions. The Double was used more with clinical clientele and in multiple sessions and single gender. It needs further investigations.

Several limitations of the study were mentioned. First, of course, is the relatively small number of articles that are available for meta-analytic investigation. Second, the study was based only on articles published in English. Studies in other languages and unpublished studies were not included.

Reference:

Kipper, D. A. & Ritchie, T. D. (2003). The Effectiveness of Psychodramatic Techniques: A Meta-Analysis. *Group Dynamics: Theory, Research, and Practice* 7 (1), 13-25.

(You can find the text including some additional tables in <https://www2.uni-klu.ac.at/claroline/160321> (Documents/Treatment effects). [Computer service recommends to use MS Internet Explorer 6 and set the security options to medium so that cookies are allowed].

<http://www.uni-klu.ac.at/~mwieser>

EUROPEAN AFFAIRS

Michael Wieser

Ljubljana meeting of European Association of Psychotherapy (EAP), Oct 15th, 2004

EWOC (European Wide Organisations Committee) meeting: I was allowed to be there as an observer.

1. Scrutiniser Richard Blamauer (Germany, psycho organic analyst): He made a general statement. EAP changed the statutes (in 2001); both the application form and processing rules are new. First we should become an ordinary member. Second we should become an EWO (European Wide Organisation); third we should become an EWAO (European Wide Accrediting Organisation).

2. Scrutiniser Serge Ginger (France, gestalt therapist): He reported that he has been in contact with Pierre Fontaine since 2001 and in all the papers he could find the 15 answers psychodrama to be scientific valid. He said that FEPTO should raise the minimal training standards, but this would not be a problem. (Later he told me: individual therapy 50 -80 hours before group therapy, more theory together not as homework). He was very helpful and wanted us as an EWAO now. (He came after me to the meeting and by accident he sat right to my place. At that moment he did not know me and awaited Maurizio. I think this is attraction, provided by Pierre).

After this I got the chance to speak a little bit and remembered that I already handed over the 15 answers for scientific validation, and Isabella Crispelle (France, transactional analyst, vice chair of EWOC) passed the file to Blamauer (he reads German), further including the psychodrama paper for the Austrian health ministry, the expert opinion on this, a letter of the ministry to the social insurances, and the meta analysis of Kipper & Ritchie (2003).

They decided to vote for an application as EWO now and in February for EWAO, so the scrutiniser Blamauer has time to read the file. They also will change the forms in February. I was outside the room for the voting. We were successful and became a member as EWO (European Wide Organisation) and will probably become an EWAO (European Wide Accrediting Organisation) in the next meeting in February. EWOC voted: 15 pro, one abstention.

Afterwards FEPTO was applauded and I expressed thanks for the all the work being done by the committee. I think, Blamauer will be satisfied and I told him, if he needs something, he could ask me at any time and gave him a

card of mine. He said, maybe the Austrian standards are not so high than those of EAP, or the questions are different, but I do not think so. To become an EWO they already accepted the 15 answers.

EAP can give an ECP (European Certificate for Psychotherapy) to psychodramatists (see <http://www.europsyche.org>).

Paul Boyesen (France, psycho organique analyst, president of EAP) discussed the ECP fee to be shared between head office, EWAO and NUO (National Umbrella Organisation). Also they plan to renew ECP every 5 years.

Board meeting:

Isabelle Crispelle reported, that FEPTO is accepted as EWO and will apply as EWAO in February.

The International Journal of Psychotherapy needs a new publisher. Next issues are on SEPTIMUS (Strengthening European Psychotherapy Training through Innovative Methods and Unification of Standards) Project, and psychotherapy and internet.

EAP probably do not want to integrate a counselling group.

Grand parenting Advisory Panel also wants some money of ECP fees.

There should be a register of all certified psychotherapists (psychodramatists) in EWAO (nationally, in Austria ministry of health has such a list online).

Dr. Boadella (Switzerland, biosynthesis) is chair of the Scientific Validation Committee (SVC); I was in contact with him and Prof. Alfred Pritz (Vienna, general secretary, and analyst) in 2000. This committee wrote the 15 questions.

There is also an EAP Research Advisory Board with Markus Fäh (Switzerland, analyst) as chair. In Ljubljana no meeting was announced.

As an applicant I thought we were only invited for EWOC meeting, so I planned for one day not the other. Next time we will be invited as a member.

<http://www.uni-klu.ac.at/~mwieser>



MEMBERSHIP COMMITTEE Report of membership committee

Inci Doganer

Chairperson: Inci Doganer

Tel: 00 90 232 368 71 50 Fax: 00 90 232 323 08 56

Members: Inci Doganer, Yaacov Naor, Monica Westberg

Formal procedure of application for new applicants:

FEPTO was found to deepen and develop international co-operation between psychodrama training organizations in Europe and adjacent areas. The annual meetings and committee work in-between offers the space for encounter and exchange of the representatives beyond borders.



Formal procedure of application for new applicants:

1. To become a member of FEPTO, a representative of the interested organization must attend one FEPTO Annual Meeting (yearly held usually in spring) prior to the application as a possibility to encounter, introduction and start of the application. In this meeting the representative makes a presentation (in English) of the organization. After the presentation the representative answers the questions raised by the members of FEPTO.

2. A formal application (formal requirements) should be sent to the Chair of Membership Committee by the end of September. The Application Forms are found in the website of FEPTO (www.fepto.go.to). The forms should be filled in English.

For training institutes formal requirements include:

- General data and short description about the organization
- Presentation of the formal structure of the organization (Is it a non profit association, foundation? Is it a private one? Is it a section of some other organization? Who has the official power? What is the degree of independence given by the general direction?)
- History of the organization (Roots? Help of foreign trainers? Founded when, by whom? When was a regular curriculum training established? Influences? Links and contacts? Theoretical orientation? Development?)
- The training program (Including preliminary requirements for the new trainees, the application procedure, number of hours and content and the final examinations) and a comparison of the training hours with the Minimal Training Standards (MTS) of FEPTO.
- List of training staff (Including copies of their actual psychodrama certificates.) (Distinctions should be made between primary, secondary trainers, supervisors and guest trainers)
- Number of training groups in the last three years.
- A list of psychodramatists certified by the organization.

For accrediting organizations the organization has to present:

- General data and short description
- History of the organization (Process of the founding the development of the organization)
- Application requirements for new members
- List of individual and/or organizational members.

3. The applying institute needs **two recommendations** from recognized Fepto members (founding members or representatives of a training/ accrediting organizations or also from other recognized members of a member organization) in good standing and who knows about the structure and quality of the applying institute or **one recommendation** from a member of the Committee who was invited by the applying institute for getting a personal impression of the applying institute. (The costs are to be carried by the applicant.) The recommendation letters should also be sent to the Chair of Membership Committee.

4. The applying organization is willing to meet the FEPTO minimal training standards within 5 years after being accepted as a member. (The start of the application of the MTS should be in one year for the new starting trainees and be applied in 5 years for the graduating psychodramatists.) The applicant will get help and support to meet the standards.

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**THE FOLLOWING INSTITUTES ARE INVITED
FOR VOTING IN 2005 VIENNA MEETING**

(As already been mentioned

in the report of the previous year)

Readmission

Israel

Kivunim Institute of Psychodrama and Group Work

Short Description

President: Oded Nave

- Presentation of the formal structure of the organization: LTD. The organization is a company with regular staff and two major divisions: a clinic and a training institute.
- History of the organization: Kivunim Institute is founded by Oded Nave in 1994 to provide psychodrama therapy groups, psychotherapy for individuals, couples and families. Oded Nave initiated the School for Psychodrama in 1997.
- Curriculum: The 3 year program requires one intensive day per week (12 hours) and some 3 days residential training seminars, for a total of 360 hours each year, 1064 hours total. Self experience 200 hours, 120 hours for theory and techniques, 260 hours of conducting inside the advanced training group, 800 hours of practice hours. Of practical work at least 400 hours is with direct contact with patients and students receive on-site supervision. In the practicum courses the students receive group supervision on psychodrama aspects of their work.

In the first year: psychodrama and group process; theory and basic elements of psychodrama, classical psychodrama. Starting to direct warm-ups in the second semester. Second year: Psychodrama and psychopathology, the use of sociometry; integration of psychodrama with other models such as expressive art therapy and group analysis. Third year: Advanced theory of psychodrama; supervision on-site work, the beginning of practicum, learning the theory and practice on analytic oriented psychodrama. At the end of the third year students pass a written examination and on site examination. Fourth year: Completing the final paper. Completion of practicum.

- List of training staff: Oded Nave, Dr. Benny Rippa, Dr. Bela Rippa, Yair Bonvit, Dina Cohen-Or, Dr. Edna Gam, Marit Yafe Milshtein, Ora Etrog-Stiva. Guest Trainers: Dr. Jeffery Scott-Alexander, Aviva Apple Rosenthal, Nina Rotenberg, Ilana Ben Meir, Ofer Zilberberg, Orit Nave, Tamar Ayalon, Michal Efod Ashkenasi.
- Number of training groups: The Institute currently have 5-7 on-going psychodrama, analytic therapy and training groups. The number of students in training currently is 41.
- List of psychodramatists certified by the organization: The number of graduates is 22.
- Recommended by: Vladimir Milosevic and Zoran Djuric on behalf of Yugoslav Psychodrama Association and by Peter Haworth from Oxford Psychodrama Group.



Spain

Instituto de Relaciones Humanas Vitoria-Gasteiz
Centro de Psychodrama-Sociodrama Zerka T. Moreno
Short Description

President: Prof. Dr. Luis De Nicolas y Martinez

1. Presentation of the formal Structure of Organization: Firm founded in 21-02-1995
2. History of Organization: Workshops of Psychodrama in Vitoria and University of Deusto-Bilbao Basque country since 1993. In the certificate program Paliative care of the University of Deusto Dr. Monica Zuretti has been annually giving workshops of psychodrama and sorrow and likewise Arturo Varchevker with family therapy and psychodrama. Workshops are organized by the Center of Vitoria in different places as in the University, the Association of the Telephone and Hope and in the same Center well be in Vitoria or Bilbao under the firm CIO in 1991 and subsequently under the firm Instituto Relaciones Humanas since 1995 and present under the firm of the Institute and Center Zerka T. Moreno.
3. Published curriculum: Auxiliary ego:400 hours; Psychodrama Assistant Director/Sociodrama Director-Role playing: 750 hours; Psychodrama and Sociodrama Director: 1500 hours. (200 hours of theory and tecniques, 200 hours of self experience, 200 hours of training in advanced group, 150 hours of supervision of practice, 750 hours to be decided freely by institute or trainee, 550 hours of total contact, 200 hours of own supervised practice hours
 There are 4 phases in training. (Each phase is composed by two units, each one articulated according to three subjects.) P1: Role's in differentiated search P2:Marking the Role Limits P3: Role Acquisition P4: Role Creation and Supervision At the end of third year the writing of thesis and the supervision of the work in different situations in which the role of the director evolves.
4. List of training staff: Dr. Luis De Nicolas Martinez, Dr. Monica Zuretti, Dr. Arturo Varchevker, Lic. Norma Caceres
5. Number of training groups: One group of 8-10 students every three years. Currently 2 groups.
6. List of psychodramatists certified by the organization: 9
7. Recommended by: (We are still waiting)

Sweden

Stiftelsen Institute för Social Utveckling (SISU)

Short Description

President: Ann Helleday

1. Presentation of the formal structure of the Organization: SISU is a foundation, Foundation for the Institute for Social Development.
2. History of the Organization: SISU was founded in 1987. Its present board consists of Ann Helleday, psychologist, Göran Högberg, psychiatrist, Marie Cassel, social worker, Gyrit Hagman psychiatrist and Rolf Danielsson family therapist.
3. Published Curriculum: The training program is a regional Nordic training accross countries. The training is conducted

in cooperation with universities in Finland, Aland and Sweden. The training follows minimal standards of FEPTO. For admission is needed a week long introductory seminar. The training is divided into a basic training and advanced training. In basic training there is self experience 280 hours, 50 hours of theory and 50 hours of training in directing, 30 hours of supervision and 50 hours of practice. In advanced level there is 50 hours of supervision, 70 hours of theory, 150 hours of training in directing and 110 hours of practice. The total sum of contact hours of two levels is 720 and supervised practice hours are 160. The training totals 880 hours and the title given upon accepted training is Certified Psychodramatist.

4. List of training staff: Torbjorn Brodersen, Solvesborg, Annelit Frelander, Gyrit Hagman, Göran Högberg.
5. Number of training groups: In the last three years there have been 15 long training periods. 64 students have taken part in these. The set up is with groups including students at different levels of trainings.
6. Number of psychodramatists certified by the Organization: This far 8 students take part in advanced level training. This summer there will be graduates.
7. Recommended by (We are still waiting)

This institute is invited for presentation

Bulgaria

Foundation "Institute for Psychodrama, Individual and Group Psychotherapy Bernhard Achtenberg" IPIGP

Short Description

Presidents: George Antonov Antonov and Dimo Georguiev Stantchev

1. Presentation of the formal structure of the Organization: Nonprofit organization with the aim of applying and developing psychodrama in Bulgaria.
2. History of the Organization: The founders were graduated from the "Dr. Ella Mae Shearon Institut for psychodrama" in 1998 with main trainers Dr. Ella Mae Shearon and Dr. Bernhard Achtenberg. The same year they started their own four psychodrama training groups under supervision in accordance to the standards and criteria accepted by the Bulgarian Society for Psychodrama and Group Therapy and FEPTO.
3. Published Curriculum: The training consists of three stages. I. Stage consists of 200 hours of self experience is about 1 years. II. Stage consists of 600 training hours, is about 3 years. There is a 250 hours of theory and techniques. The trainees develop their development in direction of autonomy and personal maturity. There is 150 hours of training in conducting inside the advanced training group. III. Stage consists of 600 hours of group psychodramatic work and supervision for about 3 years. At this level theoretical and practical knowledge of trainees are developed by special seminars accompanied by systemic supervision of their individual or group practice (150 hours). Grand total of training hours is 1400.
4. List of training staff: George Antanov, Dimo Stantchev, Sofia Ferdinandova, Milena Tashkova, Dr. Ella Mae Shaeron, Chantal Neve Hanquet, Renee Oudjik
5. Number of Training Groups: In the last three years 8 groups.

6. Number of Certified Psychodramatist by the Organization: 37 are approaching their graduation as Psychodrama directors and therapists.
7. Recommended by: Chantal Neve Hanquet (We are still waiting for the other)

In Finland 2004 FEPTO meeting two more institutes made their presentations. Psychodramaskolan (Sweden) and the Romanian Institute of Psychodrama (Romania).



ETHICS COMMITTEE

Maurizio Gasseau

The changes you can see in bold letters will be voted on at the GA in Vienna

Code of ethics and practice for psychodramatist

1. Professional conduct

- 1.0. It is always necessary to act in good faith, and without coercion or misrepresentation. Psychodramatists must know and stay within the laws of the country in which they practice.**
- 1.1. It is good ethical practice for Psychodramatists to be clear with clients about professional status and training.
- 1.2. Psychodramatists must ensure that they have adequate Professional Indemnity Insurance for their practice, at all levels. Primary Trainers should advise trainees when to take this out. All regular practitioners of psychodrama will have to provide proof of indemnity insurance with annual registration.
- 1.3. Psychodramatists use their professional work to the benefit of the client/patient and not primarily to satisfy their own needs.**
- 1.4. Psychodramatists seek ways of increasing their personal and professional awareness and development.
- 1.5. Psychodramatists must maintain standards of practice by monitoring and reviewing their work alone, with peers and by seeking supervision from a supervisor.
- 1.6. Psychodramatists must openly and clearly explain the possible presence of observers, recorders and auxiliary-ego co-therapists. **They must make it clear that all**

those present must be bound by the same confidentiality plus other rules as in 2.1.0. before starting therapy.

- 1.7. Each Psychodramatist is responsible for deciding preventively if a single patient is fit for psychodrama and fit for the specific group in which it is proposed to place him/her. Alternatively, if he/she is not fit, the therapist must indicate therapeutic possibilities with other colleagues and orientations.
- 1.8. In order to be fit to practice, Psychodramatists should maintain an adequate balance of emotional and physical health. This standard should be maintained as a model for other colleagues and trainees. They should not knowingly practice if their mental or physical poor health is liable to have a detrimental effect on their clients. This includes the misuse of substances that may be detrimental to professional practice.
- 1.9. Psychodramatists should be aware of and respect the cultural expectations of the community in which they work.
- 1.10. Psychodramatists should be aware of and respect the cultural mores of their clients, trainees and colleagues.

2. Relationship with the client/patient

- 2.1. Confidentiality
- 2.1.0 The Hippocratic Oath binds the physician to keep all matters of his/her professional practice secret. In group psychotherapy and in psychodrama the Hippocratic Oath is extended to all patients and binds each with equal strength not to reveal to outsiders the confidences of other patients entrusted to them. Like the therapist, every patient is entrusted to protect the welfare of co-patients. **This includes information about third parties not included in the group.**
- 2.1.1 Psychodramatists shall treat as privileged all information received from the client whether this is during therapy sessions or during other situations when they might be in communication with a client, unless the client specifically agrees that this information is generally communicable. The psychodramatists should inform group members of the convention for confidentiality and draw the members' attention. Communication of confidential information is permissible only under specific conditions.
- A. In discussion with the psychodramatist's supervisor.
- B. When a group member has reason to believe that a breach of professional conduct has taken place. This matter should be taken up with the chairperson of the Professional Conduct Committee.
- C. With other professionals directly related with the case of the client or their family, with the client's permission.
- D. When writing or teaching others, the information

should be presented in such a way that the client's anonymity is carefully preserved, and consent is sought wherever possible.

Comment: Confidentiality can also be lifted

- E. With the client's consent.
- F. If ordered by a Court (UK)
- G. In the public interest if there is knowledge of actual or proposed criminal offences or serious abuse of others - but take legal advice first!

2.2. Remuneration

- 2.2.1 Psychodramatists in private practice must not offer a commission, fee or privilege to any person making a referral.
- 2.2.2 Psychodramatists must not use information received in the course of their relationship with clients or trainees for personal gain.
- 2.2.3. Psychodramatists undertake to set out clearly and without prejudice a written or verbal contract with their client before **beginning** therapy. If the psychodramatist is in private practice, the contract must state clearly the terms of fees charged, the methods of payment, and any special conditions that apply.
(A copy of the Code of Practice must be available for all students)

2.3 Contract

- 2.3.1. **The psychodramatist must make a clear contract about the form content process and the purpose of the group/individual work. The contract should include the purpose and the likely effect.**
- 2.3.2 Psychodramatists must not misrepresent themselves in terms of their professional qualifications. The client and the psychodramatist must review the contract at regular intervals in order to ensure that the client's welfare remains paramount.
- 2.3.3 The Psychodramatist must ensure that appropriate time and attention is given to the conclusion of the contract for therapy. If the client wishes to terminate therapy the psychodramatist must decide whether this is a genuine desire or the product of a therapeutic crisis advise accordingly.

2.4. Boundaries

- 2.4.1. Psychodramatists will give attention to the physical environment in which they work with clients in order to provide a safe and secure space for therapy.
- 2.4.2 Psychodramatists should be aware of the professional boundaries with clients and trainees. **Psychodramatists should be aware of the possibility of role confusion which can damage the therapeutic and/or training relationship.**

2.4.3 At no time should a psychodramatist enter into a sexual or private intimate relationship with a client. **A Psychodramatist should prevent the development of a sexual relationship.** If any sexual relationship is likely to develop between a psychodramatist and a client who wishes to continue in treatment the psychodramatist is obliged to terminate the therapy and advise the client to work with another psychodramatist.

2.4.4 Psychodramatists should inform a client or trainee of the therapy that might affect the client or trainee's participation. For example, use of videotape or other recording systems, or one-way mirrors, where it is possible such a factor could upset the nature of the confidential, psychotherapeutic relationship. At all times the psychodramatist is obliged to obtain clear, informed consent from all participants involved in the recorded or observed sessions and to inform them that they have a right to withdraw their consent at any time

3. Relationship with society

- 3.1. Psychodramatists are professionally trained individuals who practice in a competent manner. They take care to provide a safe environment for the client thereby ensuring that psychodrama is not brought into disrepute. Psychodrama practitioners will have completed a recognized training and will have their names on a professional register.
- 3.2. When dealing with psychosexual issues, psychodramatists should treat with appropriate caution the re-enactment of those specific events where inappropriate sexual activity was involved. In particular, where there has been sexual abuse; any psychodramatic technique should be carefully selected to minimize the possibility of compounding the abuse.
- 3.3. When advertising, psychodramatists should present a clear unambiguous statement of intention of the professional service they offer.
- 3.4. Psychodramatists have the responsibility to acknowledge research and where appropriate initiate, assist or participate in this process **and to inform and seek the consent of clients when they are involved.** (Suggested addition - Clients used as research subjects should give informed consent to participating in the nature of the research being undertaken - DML)
- 3.5. Psychodramatists have an educative role in society as well as a therapeutic one and should seek to continue their own education.
- 3.6. Psychodramatists may use their skills to facilitate explorations of social issues outside those of therapy. The use of psychodrama is not limited to clinical settings **and ethical consideration of consent and confidentiality must still apply.**
- 3.7. Psychodramatists have the responsibility to continue their own development through personal therapy, training and supervision.

- 3.8. Psychodramatists subscribe to the principles of anti-discriminatory practice, freedom of speech and human rights; they should take positive steps to promote them.

4. Code of ethics and practice for psychodrama supervisors and trainers

- 4.1 Supervisors and trainers have a responsibility to be aware of their own issues of prejudice and stereotyping and to consider how this may be affecting the supervisory relationship and training.
- 4.2 Supervisors need to be aware of any prejudices and assumptions which psychodramatists reveal in their work with clients and to raise awareness of these and to challenge the work of the supervisee if necessary.
- 4.3 Supervision and training are non-exploitative activities. Their basic values are integrity, responsibility, impartiality and respect and this applies whatever the mode of supervision and training, or whether any remuneration is given.
- 4.4 Supervision is a confidential activity and supervisors must clarify their limits of confidentiality with supervisees:
- 4.5 Supervisors and trainers have a responsibility to ensure the safety of supervisees and trainees and their clients where possible.
- 4.6 Supervisors and trainers have a responsibility to encourage competence in supervisees and trainees.
- 4.7 Supervisors and supervisees, trainers and trainees should agree **on a financial and professional** contract at the outset of their work together.
- 4.8 Supervisors must take steps to monitor their own competence including supervision of their supervision work.
- 4.9 Supervisors, trainers and **Institute managers/directors** are responsible for setting boundaries to distinguish supervision from therapy, training or management.
- 4.10 Supervisors, and supervisees should ensure that personal or social contact between them does not adversely influence the supervisory relationship.
- 4.11 **Psychodramatists providing therapy should not supervise or train persons receiving therapy with them.**
- 4.12 Supervisors, & trainers must not exploit their supervisees & trainees financially, sexually, emotionally or in any way. At no time should a supervisor or a trainer enter in a sexual relationship with a supervisee or a trainee.
- 4.13 Supervisors and trainers are responsible for advising supervisees and trainees when their personal functioning is impaired because of personal or health reasons or any other reasons and for ensuring that action is taken.
- 4.14 Supervisors and trainers are responsible for seeking to improve their professional development, practice and competence.
- 4.15 Supervisors and trainers are responsible for withdrawing from supervisory and training work if their functioning is impaired through personal difficulties, illness or any other reason.
- 4.16 Supervisors and supervisees should agree their contract, including fees, places and times of meetings, expectations, before the supervision commences.
- 4.17 Supervisors of trainee psychodramatists should clarify their accountability to their supervisees and their training course. **Institute Manager, trainers and student** should agree to their contract including time of fees, place and times of meetings, expectations, program before.
- 4.18 In general, supervisors must not reveal confidential information about their supervisees **or indirectly from the supervisee about their client without the consent of the person involved.** Exceptions are stated below:
-to protect a child member of psychodrama from child abuse
-when writing, or teaching others, the information should be presented in such a way that the anonymity of the client and the supervisee is carefully preserved, and consent is sought wherever possible.
- 4.19 Supervisors of trainees may speak about their supervisees work to their trainers according to their original agreement.
- 4.20 If in the course of supervision it appears that therapy is necessary for a supervisee the supervisor has responsibility to suggest this to the supervisee.
- 4.21 Where disagreements cannot be resolved between supervisors and supervisees the supervisor should consult with a fellow professional and, if appropriate, recommend that the supervisee be referred to another supervisor.
- 4.22 Where disagreements cannot be resolved between trainer and trainees, the trainer should consult with a fellow professional and if appropriate, recommend that the supervisee be referred to another supervisor.

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FEPTO DIRECTORY

INTRODUCTION

Pierre Fontaine

As you know, we are planning a FEPTO Directory.

- A first part will give general information about FEPTO (history, statutes, minimal training standards, ethical code, boards, committees...)
- A second part will give information about our different accrediting and training organisations, classified pro country and with a general information about the country.
- Following parts will present the main trainers in alphabetical order and the publications (books, articles, videos, journals)

Wilma and the FEPTO News redaction were also wishing to present in each issue one or two of our important psychodramatists. And Horatiu, who is planning a website, was also interested. We discussed together and with the Board and it was decided to support the directory by publishing in FEPTO News not only the questionnaires for these different parts but also examples of ways to fill it in and so people can see what it becomes. In the three next issues of 2005, during one year, the time needed to gather the answers and prepare the publication, examples of a country, an organisation and a trainer will be given. Later, Fepto News can continue by publishing the new countries, new organisations and new trainers.

For this issue of FEPTO News, preparing the Vienna meeting, it seemed a good idea to have Austria as country and OAGG section as an accrediting and training organisation to inform that way our members about the situation in our host country. We present even the next host for our meeting, the Romanian institute. We chose also Célia, a not to old and not to recent member, as a main trainer.

Instruction. I made a scheme for such a paper and you find it here below (but at this stage, some changes are possible and I am open for ideas from you). As space I plan 2 pages in A5 format, for the country and also 2 pages for the training or accrediting organisation and 1 page for a main trainer. Please send me your paper at pierre.fontaine@psp.ucl.ac.be.

Country

Map

General and contextual information about the country. e.g. how many inhabitants? Characteristics as geographical or cultural (language) regions.

HISTORY of Psychodrama in the country

Roots of PD in your country?

When (and where and how) did the PD practice started, and the PD training ?

Who were the organising pioneers and invited trainers. What was their orientation?

In what context did this happened?

Was there at some moment a founding of group, society, national association for PD Where there other important events? An evolution?

PRESENT STATE of PD

National Accrediting PD organisation (with address and actual chair)

Context, links with others? NAO of EAP ?

How many members ? How many certified as PDTist , as PD assistant, trainee members Distinction psychodramatist psychotherapists / psychodramatists in other fields ? Proportion in the members. Evolution

List of training Institutes (also not FEPTO members) with addresses

State of recognition by the political authorities, professional associations, universities.

Practice (common daily): PD more utilized in what contexts ?

Clinical, educational, cultural, social, organisational development,

Activities: Organisation of international or important meetings. PD books and journals,

Particularities about PD in the country

NOTE: Such a text has to be in some way the expression of the PD community in the country. So please send it to read to colleagues, to other training institutes. Thank you.

Organisation (Training or Accrediting) Logo

Name of the PD training / accrediting organisation or section
(If necessary, translation of the name in English)
Possibly: section of larger organisation

Address: Postal, Tel, (best time to phone) Fax, Mobile
e-mail, web site, Contact person :

HISTORY: Roots? Help of foreign trainers? Founded when? by whom? When a regular curriculum training ? Influences? Links and contacts? Theoretical orientation? Evolution? Legal form: Foundation, private, non profit organisation?

TRAINING STAFF: key members of the staff + Functions ? Representation in Fepto?

TRAINING SCHEME : different stages, elements with hours, orientations in the training.

ADMISSION: qualification:

CERTIFICATION: levels and orientations

SPECIALITIES in training (to know the richness of our diversities):

Other **ACTIVITIES** and **PUBLICATIONS** of the training centre

Main trainers

Photo

NAME

Degree

Year born (mention if you agree)

ADDRESSES: HOME Post address, Tel, Fax, Mobile

e-mail, web site

OFFICE Name Post address, Tel, Fax, Mobile

e-mail, site

LANGUAGE: first, other: spoken? read ? understood?:

STUDIES (University or Higher professional education)

TRAINING received in PD (main trainer(s) and which years)

TRAINING given in PD, at what institute(s)? since when ? responsibility ? Any training abroad? Links?

Tell us about **YOUR SELF** in whatever way you like. Tell us about your **FUNCTION(s)** and positions occupied (present and important past); the training and **ORIENTATION** you have, concepts, values that are **IMPORTANT** for you, subjects of interest or research; **MEMBERSHIP** of professional and social organisations; **PUBLICATIONS**.

AUSTRIA

Country

Area: about 84.000 sq. km *Inhabitants:* about 8 million *Capital:* Vienna
Language: German (98%). **Religion:** 80% Roman-Catholic, 5% Protestant
History: Austria a neutral country, starting its history 803 was always a bridge between the eastern and western part of Europe. The Austrian history is closely connected with many countries in Europe. In the parliament of the Austro Hungarian Empire eight languages were spoken

Government: Austria is a federal parliamentary democracy divided into nine provinces. Austria is a member of the EU, the United Nations and various UN sub-organizations. The Vienna International Centre is headquarters of the International Atomic Energy Organization (IAEO) and the United Nations Industrial Development Organization (UNIDO).

Psychodrama

History of psychodrama in Austria

J.L. Moreno lived in Vienna and Bad Vöslau (Lower Austria) from about 1896 –1925 and started there with the development of the psychodrama.

The first psychodramatists in Austria were trained by Adolf Friedemann (CH), Heike Straub and Grete Leutz (D). 1976 Barbara Farkas Erlacher supported by Raoul Schindler founded the section of psychodrama as a part of the ÖAGG <http://www.oeagg.at>. The first ongoing training groups started in Innsbruck, Vienna, Salzburg and Graz in the middle of the seventies.

The section of psychodrama developed constantly and the high quality of the training attracted many students. It started with one trainer and has now 13 main trainers and 20 trainers for defined parts of the training or special applications. In 1990 the psychotherapy law was installed that considered psychotherapy as a profession controlled by the government. It was a great success that the method was proven to be a scientific psychotherapeutic treatment in 1993.

2001 commencement of a psychodrama training course for psychotherapy at the University of Innsbruck (Institute for Communication in Professional Field and Psychotherapy) with the support of the psychodrama section. <http://www2.uibk.ac.at/zwiko/> The Donau University Krems will start another university course for psychodrama in cooperation with the ÖAGG next year. <http://www.donau-uni.ac.at>

Psychodrama today

There are about 500 psychodramatists in Austria with about 90% of them working as psychotherapists

Psychodrama in psychotherapy

The government requirements for psychotherapy are a basic general psychotherapeutic study of 1350 h. After that one has to choose a specific psychotherapeutic method to be trained in. Following graduated from an officially accepted training institute one can apply for registration as psychotherapist. They are

working as psychotherapists in hospitals, social services or privately.

Psychodrama in other fields

The OEAGG is at the moment the only organisation in Austria that offers psychodrama for its application in different fields. It provides also a special training for psychodrama for supervise work and coaching and for psychodrama with children and adolescents. The graduate work with refugees, in schools, with organisations, at universities and in many more fields.

Special developments:

The Austrian psychodrama is triadic, based on the Morenian theory and emphasizes the aspect of group dynamic .

The Austrian psychodramatists developed a special way in the psychotherapeutic work with a single patient where the therapist never takes on an antagonist role in the play of a client.

The work with children can be characterized as non analytic and non interpretative. The attentive support of the own development of the child is a main factor.

Psychodrama training providers in Austria

1. Section for Psychodrama, Sociometry and Roleplaying of the ÖAGG (Austrian Assoc. for Group Psychotherapy and Group Dynamics)

<http://www.oeagg.at/psychodrama.htm>

ÖAGG – FS Psychodrama A-1080 Wien, Lenugasse 3/8

e-mail: psychodrama@oeagg.at www.psychodramatherapie.at

2. Universitätslehrgang für das psychotherapeutische Fachspezifikum - methodenspezifische Ausrichtung: Psychodrama

Universität Innsbruck: Institut für Kommunikation im Berufsleben und Psychotherapie

http://www2.uibk.ac.at/zwiko/lehre/universitaetslehrgaenge/ulg_fachspezifikum
Schöpfstr. 3 A-6020 Innsbruck zwiko@uibk.ac.at

Main Austrian Publications:

Ottomeyer, K.(1987) *Lebensdrama und Gesellschaft. Szenisch-materialistische Psychologie fuer soziale Arbeit und politische Kultur.* Deuticke,

Erlacher-Farkas B., Jorda C.(Hrsg): (1996) *Monodrama. Heilende Begegnung. Vom Psychodrama zur Einzeltherapie.* Springer.

Pruckner H.(2001) *Das Spiel ist der Königsweg der Kinder. Psychodrama, Soziometrie und Rollenspiel mit Kindern.* Inszenario Verlag München

Ottomeyer K., Peltzer K (Hrsg) (2002) *Überleben am Abgrund. Psychotrauma am Abgrund.* Drava Verlag, Klagenfurt

Fürst J, Ottomeyer K., Pruckner H (Hrsg) (2004) *Psychodrama Therapie. Ein Handbuch.* Fakultas Verlag

SECTION FOR PSYCHODRAMA, SOCIOMETRY AND ROLE PLAYING OF THE ÖAGG (Austrian Assoc. for Group Psychother. and Group Dynamics)

The ÖAGG (Austrian Association for Group Psychotherapy and Group Dynamics) has been existing since June 1959. It was founded by Dr. Raoul Schindler and some colleagues to promote research, training and application of group dynamics and group psychotherapy. Raoul Schindler, whose theory of the dynamic rank position model and the bifocal group therapy has been recognized all over the world, has been the chairman of our association until 1991. Moreno himself was co-initiator of the organisation. Starting in its first years as a small group of friends the ÖAGG has developed to an organization with nearly 1700 members, 6 sections (Dynamic Group Psychotherapy, Gestalt Therapy, Group Psychoanalysis, Psychodrama, Systemic Family Therapy, Supervision and Coaching) and numerous programs in group psychotherapy, group dynamics, counseling and organizational development.

The **Section of Psychodrama**, Sociometry and Role playing has 383 members. There are 13 main trainers, 15 trainers for special theoretical topics, individual self experience or supervision, 96 trainees. There are several regular activities like monthly meetings with theoretical and practical topics and a yearly symposium on theory and technique. The section offers special psychodrama training for various applications (psychotherapy, education and organisations in general and for working with children) For further information go to <http://www.psychodramatherapie.at>

In Austria we are the largest private education organization for psychotherapy and we have memberships in the OBVP (Austrian Federal Association for Psychotherapy), in the EAP (European Association for Psychotherapy) and in the IAGP (International Association for Group Psychotherapy). Concerning the IAGP the ÖAGG is the second largest member following the American Association for Group Psychotherapy.

President of PD section:

Mag. Susanne Schulze
A-1090Wien Wasagasse 11/3/13,
Tel.: 0043 – 1 319 61 16
E-Mail: susanne.schulze@aon.at

Secretary:

Sylvia Zentner
ÖAGG - FS Psychodrama
1080 Wien, Lenaugasse 3/8
Tel. & Fax: 0043-1-255 99 88
e-mail: psychodrama@oeagg.at
www.psychodramatherapie.at

President of the training committee:

Hildegard Pruckner
1160 Wien, Ottakringerstr.49,
0043-1-5237125

Main Trainers:

Biegler-Vitek, Gabriele
Dr. Farkas-Erlacher, Barbara
Dr. Fürst Jutt
DAS Grimmer, Karl
Mag. Haselbacher, Helmut
Dr. Hochreiter, Karoline
Dr. Jorda Christian
DSA Neuretter Norbert
Pruckner Hildegard
Riepl Roswitha
Dr. Schigutt Anneliese
DSA Schönherr Maria-Theresia
Dr. Stelzlg Manfred

STRUCTURE OF TRAINING

	Director for role playing	Director for Psychodrama	Psychotherapist for psychodrama
Preliminary requirements	o min. age: 21 o 1 year self-experience with PD	o Graduated role playing direct	o Min. age: 24 o 80 h self-exp. with PD o graduation from basic general study (Propäd.)
Admission	Admission seminar		o Admission seminar o Individual interview
Training	o 120 h self-experience o 140 h theory	o 160 h training group o 160 h theory	o 240 h self-experi. (group) o 100 h self-exp. (individual) o 496 h theory
Practice	o 40 h co- leadership o 80 h group leading o 30 h supervision	o 120 h co- leadership o 120 h group leading o 32 h supervision	o 600 h (co-leadership, group leading, individual sessions) o 550 h general practice o 150 h supervision
Graduation	application	o Written thesis o Presentation of the thesis in a final seminar	o Written thesis o Presentation of the thesis in a final assessment

Graduation from basic general study: 1350 h includes self-experience, general psychotherapeutic theories, general theories of psychology, medicine and psychopharmacology, ethics a.s.o.
Theory: philosophy, history, sociometry, role theory, role pathology, technique, group dynamics, literature...

Supervision: Group supervision and individual supervision

Comparison of this training programme and the FEPTO Minimal Training Standards (MTS) (1 h = 45 min)

	Self-exp.	Theory& Techniq	Training for cond	Free choice	Super- vision	Total h. contact	Practice of PD	Grand Total
MTS	200	120	200	120	80	720	160	880
Dir Role	200	140			30	370	120	490
Dir. PD	200	140	160		62	722	360	1082
D PTH Psth	420	336	160		150	1066	600	1660



SOCIETATEA DE PSICHOGRAMA “JACOB LEVY MORENO” (SPJLM), ROMANIA (“Jacob Levy Moreno” Psychodrama Society)

Address: 400090 Cluj-Napoca, Str. Potaişa nr.8, Romania

contact: president of SPJLM Horatiu Nil Albini, e-mail: horatiunil@hotmail.com
tel +40 264 597 528 (after 10 PM), fax +40 264 596 107, mobile +40 723 331 007

History: a first contact occurred in October 1990, when a “therapeutic week-end” in Covasna included a psychodramatic work studio led by *Emőke Bagdi* and *Ildikó Erdélyi* from Hungary. The co-operation between Psychodrama Institut für Europa (PIFE) and the Association of Transylvanian Psychologists led to the organization in 1991 of the first two training groups in psychodrama, one in Romanian directed by *Hilde Gött* and another one in Hungarian directed by *Klára Gallus* and *Kamilla Sarkady*. A Romanian group within the The German Institute was set up after the PIFE International Conference held in 1993 in Bulgaria. The meeting held in February 1994 marked the constitution of “J.L. Moreno” Psychodrama Society. The 29 founder members have registered the society as a non-profit professional association in July 1995.

The society is also a national section of PIFE since May 2001, founder member of the Romanian Psychotherapy Federation (FRP) in 2001 and a FEPTO member since 2002. At present, the association has 16 trainers who direct 11 training groups in the 1st stage. The training is assured both in Romanian and in Hungarian. The 1st training group in the 2nd stage started in January 2005. A second one in Hungarian will start in March 2005. The main trainers are: Horatiu Nil Albini, Butyka Enikő, Iris Felezeu, Görög Ilona, Adriana Oachis, Rosca Zsuzsanna, Szilágyi Ilona, Vargha Jenő László and Varró Éva. The Society is directed by an Executive Board elected for two years in the General Assembly. The work commissions are: The Professional Committee, the Program and Reunion Committee, the Ethics Committee, the Publication Committee, the Marketing Committee and the Auditing Committee.

During the last FEPTO meeting Horatiu Nil Albini was elected as FEPTO secretary.

Training curriculum: The 1st stage of the present training curriculum was finished in 1999, and the 2nd one in 2003.

1st stage (basic level): It contains a preliminary stage consisting of an initiation seminar (18 hours), an admission seminar (18 hours) and an individual interview with the trainers followed by the activities in the constant group: 240 hours of self-knowledge, 90 hours of theory and method (30 hours are performed in the constant group of self-knowledge and 60 hours in theoretical seminars), 36 hours of special seminars, one seminar of group dynamics (36 hours).

100 hours of individual study, 3 protocols and a theoretical report are obligatory. The intermediate estimation is performed after the first 120 hours of activity. The trainers work in pairs under supervision. The activity ends with a final estimation. After the 1st stage graduation, the candidates obtain the psychodrama assistant diploma, which confers the right to conduct psychodrama groups together with a psychodrama leader/psychotherapist.

The 2nd stage (advanced level): It contains a constant group of 240 hours, divided into 120 hours of self-knowledge (the candidates lead the group under the trainers’ direct supervise) and 120 hours of theory and method. The candidates present a theoretical report, 5 protocols from the work in this group and 10 protocols from the application of psychodrama in directing their own development group.

Attendance at 3 methodical seminars and 3 theoretical ones (each of 18 hours) is obligatory. Psychodrama techniques and sociometry are put into practice by the independent direction of a group of at least 160 hours with 90 hours of supervision (60 hours of group work, 30 hours individual supervision).

A paper is to be written at the end of the training. The trainee has to approach a theme from the psychodramatic theory and practice as well as its application in the independently directed group. The final colloquy consists of the presentati and the practical demonstration of the theme. The candidates’ trainers, the executive of the Professional Committee and the president of the association are the members of the examination board. The FEPTO minimal training standards are respected, all hours of training are the same or higher.

Admittance. The pre-conditions of participation are: the candidate must be at least 24 years of age, possessor of a diploma in psychology, medicine, pedagogy, psycho-pedagogy, social assistance, theology, or other diplomas in fields that are relevant for psychodrama. The admittance seminar is of 18 hours and is led by two trainers others than those who will further direct the group. An estimation of the candidates’ skills in working with psychodramatical methods is performed at the end of the seminar.

The basic level graduation is certified by the **psychodrama assistant** diploma that confers the right to direct - under the guidance of an psychotherapist or psychodrama leader - psychodrama groups for clients and patients.

The qualification after the advanced level graduation is that of **psychodrama leader** for those with superior studies in medicine, pedagogy, special psycho-pedagogy, social assistance, theology, philosophy, sociology and other social-human sciences and psychodrama psychotherapist for those with superior studies of psychology and for psychiatrists.

Other activities of SPJLM: The Artemis program (prevention of violence and sexual abuse against women) was carried on between 1995 and 2001. Until 2004 the association had a positive psychotherapy program.

The bibliodrama section will start the courses in the spring of 2005. It’s training curriculum is based on those provided by PIFE and the Hungarian Psychodrama Association. Trainers *Sarkady Kamilla* and *Nyády Péter* from Hungary held the initiation and admittance seminar.

The International Conference - *Conflicts. Solving drama through psychodrama* was organized in 1998, in 2002 the Summer Academy *The way to one’s self*, and in 2003 the 7th PIFE International Conference *Life is a Stage*.

In April 2006 SPJLM will organize the FEPTO meeting in Bucharest.

A discussion group was created at http://groups.yahoo.com/group/Spjlm_publica.

A bilingual (Romanian/English) site on Internet was opened in 2002. You can visit us at <http://www.psychodrama.ro>



CELIA SCANLAN

A few years later my native Scotland beckoned and I accepted the challenge of moving and re-establishing my practice in Glasgow. When I returned to Scotland there were 3 trained psychodramatists and 3 trainees. We now have 6 psychodrama-tists, 6 trainees at diploma level and 3 at certificate level. My orientation is psychodynamic, I have particular interest and experience of working with both musicians who are experiencing performance anxiety and clergy in crisis. Above all I relish my involvement with trainees.

I am past chair of BPA and currently a member of their accreditation committee and FEPTO representative. I am a member of The Scottish Counselling agency (COSCA). I am an associate member of The Gamethill Centre for Counselling in Glasgow and the principal author of their counselling diploma course documents.

My social world mainly revolves around my 8 grandchildren by whom I am continually amused and nourished.

RMN, BPA accredited/ UKCP registered psychodrama psychotherapist. Senior Trainer of psychodrama.
Born – 1946

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Email – celia@nspd.co.uk

Language – First, English Spoken, read & understood – French Small understanding of Dutch

Studies – Psychiatric Nurse Training

Psychodrama studies – Manchester 1987, Mike Watson - Holwell, Devon, 1988 – 1991, Marcia Karp & Ken Sprague.

Psychodrama Training Given – Together with my Colleagues, Jenny Biancardi and John Casson we offer training at Diploma and Certificate level in Psychodrama through The Northern School of Psychodrama (NSP). 1996. In addition to regular input to the educational programme I take responsibility for the administration of NSP which involves regular updating of course documents and attendance at the BPA accreditation committee.

In 1982 I began my career in psychotherapy when I had the opportunity, with a nurse colleague and Dr JR Bird consultant psychotherapist, to establish an in patient psychotherapy facility at Cheadle Royal Hospital. Following much in-house training under the leadership of Dr Bird, I attended the basic introduction to group analysis course. However shortly after this I was introduced to psychodrama by the late Mike Watson. I had found my niche. Training with Marcia and Ken was the obvious way forward.

I believe one of my strengths is an ability to respond with energy to new situations. An example being, along with several colleagues I set up a private psychotherapy consortium in Manchester, this is still flourishing.

EUROPEAN EVENTS

Michael Wieser

Moreno Museum, archive and research institute in Bad Voeslau near Vienna

Dr. Barbara Farkas Erlacher (Vienna) was very active. She visited Maital 4 with the head of engineering (www.Voeslauer.com, representative of the owner of the house) and a building engineer and found out that we need at least around EUR 60.000. This is the low cost option. There will be no heating, so it has to be closed during wintertime. (It would be nice to find in the building authority plans of the house in the year 1925).

She spoke with Univ.DoZ.Dr. Raoul Schindler, a pioneer of group psychotherapy in Austria. They brought up the idea, that the next private university should have the name of Moreno.

And she spoke with Rudolfine Lackner, chairwoman of Association of women fine artists, Maysedergasse 2 in Vienna, the former place of theatre of spontaneity (www.vbkoe.org). Mrs. Lackner plans documentation with photos and video. She suggested opening a bank account in Bad Voeslau, the data will be announced: "for Maital 4" (English), "MoRENOVIERT" (German) and offers to take care of the account. Many thanks to them. A trustee (Treibbilanz) will check the account; all money will be used for the museum project. Till now there are no costs calculated for a museum concept and an exhibition.

Dr. Karoline Zeitlinger-Hochreiter sent to us the statutes of the former Association: Moreno House Bad Voeslau, written around the 100-year anniversary of Moreno in 1989. That is of great help.

Dr. Jutta Fürst, member of the council, Hall in Tyrol, wrote a proposal for a letter to support the project, thanks to her.

The treasurer of www.iagp.com, Dr. Jorge Burmeister, will ask in the next board and executive meeting in February if it can fund the museums project of the founder of IAGP, but we can't hope for too much.

Prof emeritus Pierre Fontaine, vice president and honorary member of FEPTO responded on July 27th, 2004:

This is good news for the PD movement, it looks as if we have made a very good start. Fine if the municipality is willing to take care of the house afterwards. Ready, if opportune, to become a member of the association and to have a modest financial participation for the start of it. Our best thanks for this good work and best wishes for the future of the project.

Prof emeritus Joseph Moreno, nephew of J. L. wrote on July 30, 2004:

The Moreno Museum project sounds so interesting. Do let me know if there is any way in which I might help in the development of this.

Zerka Moreno wrote in September 26th, 2004:

For some time already I meant to write and thank you and all the good people working so hard on the project of the Moreno house and university, but somehow never got to it. Please excuse me and consider this as a hearty endorsement for it all. The main reason was that since I fell and broke my hip in Estonia in 2000, I had 5 surgeries on that right hip and all the rehabilitation took time and energy. I'm doing quite well and am active once more.

I am immensely grateful to you and to all of them and hope all that effort will bear fruit and I will be interested to hear further developments.

Please convey these greetings to all the good persons so involved.

You will find new photos in <https://www2.uni-klu.ac.at/claroline/160321/> (Documents/photos) and (Documents/history). The computer service recommends to use Microsoft Internet Explorer 6 and to set the security options to medium so that cookies are allowed. michael.wieser@uni-klu.ac.at

EVENTS "IN PROGRESS"

Post conference as the annual meeting of Austrian psychodramatists will be held April 29 to May 1, 2005.

Psychodrama Institute for Europe (PifE) International Psychodrama Conference

2-4 Septembers 2005

Panstwowa Wyzsza Szkoła Teatralna, Cracow, ul.Straszewskiego

22, Poland. Conference Bureau: 31-055 Cracow, Miodowa 9
tel/fax 12/4294297

E-mail: konfrencja@psychodrama.pl

TURKEY

Dr. Abdulkadir Ozbek Institute and Istanbul Psychotherapies and Group Psychotherapies Association invites you to 30th



Annual Asklepios Bergama Group Psychotherapies Congress

Dates: 25-28th May 2005

Correspondance: akayir@superonline.com

kongre@dalyatur.com

<http://www.uni-klu.ac.at/~mwieser>

SPAIN Granada

Between Worlds and Cultures: Love and Power – the Intercultural Competence of Groups VI International Summer Academy in Granada: VI Jornadas Internacionales en Granada: Entre Mundos y Culturas: Amor y Poder – la Competencia Intercultural de Grupos -Granada 2005 June 6 th – 10th -Granada 2005 6. – 10. de junio. e-mail adress for registration: www.granada-academy.org

Situs of the association -IAGP www.iagp.com

AEP (Spanish Psychodrama Association) COIRAG-ÖAGG + DAGG



LETTER FROM THE EDITOR

Wilma Scategni

Dear FEPTO Friends,

I hope that you like this second number. Please remember:

The authors are responsible for the language correction of their articles. Celia and Dorothy give us a very good support to make this final check up. This time they haven't have the possibility to do the correction so you might find some "Euro-English mistakes".

After this final check up the articles are sent to their authors and they are responsible to forward it to me. Articles should not exceed 1000 words, written in "Arial 9". The photos must be .jpg format and should not exceed 800 kb and must be send one by one.

Next deadline: 1st May.

Have a nice time Warmly Wilma

Wilma Scategni: wscategn@tin.it

CULTURAL EXCHANGE

Gajap intend to facilitate travels and student exchange between other Training Institutes (of trainees and trainers) and Gajap so we can get a better knowledge of the different ways of teaching and working. We can publish on the newsletter the date in which our Institute can "Open the doors for visitors and guests" coming from other FEPTO Institutes.

And we hope that other institutes will follow us and give the same opportunity.

Gajap Turin Italy 15th -16th April 2005 or 25th -26th November 2005

Wilma Scategni: wscategn@tin.it



Helsinki 2004

CONTENT

From the Council	2
From the President	3
NEXT FEPTO MEETING IN VIENNA	3
Report from the Research Committee	4
European Affair	5
Report from the Membership Committee	5
Self Presentation-Austria and SPJLM	15
European Events	17
From the Editor	18

Torino 10/02/2005

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